



2025 BAHAMAS SEAWAVES AQUATHLON
Saturday 26th April, 2025 - Windsor School – Albany



AQUATHLON AWARDS LIST

MALE 8 & UNDER AGE GROUP WINNERS - AQUATHLON

PL	TIME	BIB#	NAME	AGE
1	2:50	62	MASON SADOWSKI	8
2	8:34	65	KENAI JOHNSON	6
3	8:38	63	ELISIO JULIEN	5

FEMALE 8&UNDER AGE GROUP WINNERS – AQUATHLON

PL	TIME	BIB#	NAME	AGE
1	3:48	60	K MADISON RICHARDS	8
2	4:05	58	JENNY SUTHERLAND	8
3	4:44	57	ANNA SUTHERLAND	6

MALE 9-10 AGE GROUP WINNERS – AQUATHLON

PL	TIME	BIB#	NAME	AGE
1	5:30	55	CONNOR FERGUSON	9
2	5:34	56	CAIDEN BAIN	9
3	7:25	54	GEBRIAEL MCPHEE	10

FEMALE 9-10 AGE GROUP WINNERS – AQUATHLON

PL	TIME	BIB#	NAME	AGE
1	7:24	52	SYARA MOSS	10
2	10:19	53	SKYLAR'JO JOSEPH	9

MALE 11-12 AGE GROUP WINNERS – AQUATHLON

PL	TIME	BIB#	NAME	AGE
1	10:18	45	STAFFORD SWEETING	12
2	10:26	46	LYALL MENZIES	12
3	10:44	50	ASHER BASTIAN-SMITH	12



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FEMALE 11-12 AGE GROUP WINNERS - AQUATHLON

PL	TIME	BIB#	NAME	AGE
1	11:21	42	SOPHIE BRUECKNER	12
2	11:34	43	HANNAH ASTWOOD	11

MALE 13-15 AGE GROUP WINNERS – AQUATHLON

PL	TIME	BIB#	NAME	AGE
1	17:02	38	BLAIR THOMPSON	13
2	17:40	29	CAYLAN BROWN	15
3	17:40	35	LAUHLAN MENZIES	14

FEMALE 13-15 AGE GROUP WINNERS – AQUATHLON

PL	TIME	BIB#	NAME	AGE
1	19:40	18	NAI'A BELTON	14
2	19:54	16	ALICE HUILLE	15
3	20:32	15	TESSA KNOWLES	14

MALE 16-19 AGE GROUP WINNERS - AQUATHLON

PL	TIME	BIB#	NAME	AGE
1	33:58	12	MALCOLM MENZIES	17
2	37:50	9	RAGH CORDOVA	19
3	39:55	8	AYDEN BAIN	17

FEMALE 16-19 AGE GROUP WINNERS – AQUATHLON

PL	TIME	BIB#	NAME	AG
1	40:21	4	ERIN PRITCHARD	18
2	45:11	5	ALANNA MURRAY	17
3	45:38	3	SIENNA CULMER-MACKEY	19

FEMALE 40-49 AGE GROUP WINNERS – AQUATHLON

PL	TIME	BIB#	NAME	AGE
1	46:44	2	ILARIA GERASINI	46
2	48:37	1	LOLA KNOWLES	43



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OVERALL RESULTS - SUPERSPRINT AQUATHLON
(500M Swim / 2.5K Run)

PL.	TIME	PL/DIF	TOT/DIF	#	NAME	AG	S	PL/TO	SWIM	TR1	RUN
1	20:10			41	SHANTERRO KNOWLES	16	M	1/3	6:45	0:37	12:48
2	21:05	0:55	0:55	40	JAMAR BIENAMIE	16	M	2/3	8:27	1:06	11:32
3	22:36	1:31	2:26	67	MATHUR KABIR	25	M	3/3	10:51	0:48	10:57
4	23:38	1:02	3:28	69	SUMMER MCKINNEY	17	F	1/1	7:42	0:20	15:36

OVERALL RESULTS - 20 & OVER AQUATHLON
(1000M Swim / 5K Run)

PL.	TIME	PL/DIF	TOT/DIF	#	NAME	AG	S	PL/TO	SWIM	TR1	RUN
1	46:44			2	ILARIA GERVASINI	46	F	1/2	20:24	0:24	25:56
2	48:37	1:53	1:53	1	LOLA KNOWLES	43	F	2/2	19:49	0:35	28:13

OVERALL RESULTS - 16-19 AQUATHLON
(1000M Swim / 5K Run)

PL.	TIME	PL/DIF	TOT/DIF	#	NAME	AG	S	PL/TO	SWIM	TR1	RUN
1	33:58			12	MALCOLM MENZIES	17	M	1/6	12:30	0:16	21:09
2	37:50	3:52	3:52	9	RAGH CORDOVA	18	M	2/6	14:03	0:19	23:28
3	39:55	2:05	5:57	8	AYDEN BAIN	17	M	3/6	14:57	0:16	24:42
4	40:21	0:26	6:23	4	ERIN PRITCHARD	18	F	1/3	13:40	0:25	26:12
5	41:09	0:48	7:11	11	DANIEL BETHELL	16	M	4/6	13:49	0:25	26:56
6	44:38	3:29	10:40	10	KERON BURROWS	16	M	5/6	14:36	0:42	29:20
7	45:11	0:33	11:13	5	ALANNA MURRAY	17	F	2/3	14:45	0:21	30:35
8	45:38	0:27	11:40	3	SIENNA CULMER-MACKEY	19	F	3/3	15:26	0:32	29:40
9	51:06	5:28	17:08	6	ENEA GERVASINI	19	M	6/6	17:39	0:25	33:20

OVERALL RESULTS - 13-15 AQUATHLON
(500M Swim / 2.5K Run)

PL.	TIME	PL/DIF	TOT/DIF	#	NAME	AG	S	PL/TO	SWIM	TR1	RUN
1	17:02			38	BLAIR THOMPSON	13	M	1/14	7:19	0:33	9:10
2	17:40	0:38	0:38	29	CAYLAN BROWN	15	M	2/14	7:41	0:12	9:47
3	17:40	0:00	0:38	35	LAUCLAN MENZIES	14	M	3/14	6:50	0:27	10:23
4	19:40	2:00	2:38	36	KYLE MURRAY	13	M	4/14	7:18	0:42	11:40
5	19:40	0:00	2:38	18	NAI'A BELTON	14	F	1/11	6:51	0:30	12:19
6	19:54	0:14	2:52	16	ALICE HUILLE	15	F	2/11	7:09	0:13	12:32
7	20:07	0:13	3:05	39	TA-NAJ PRATT	15	M	5/14	7:09	0:10	12:48
8	20:32	0:25	3:30	15	TESSA KNOWLES	14	F	3/11	8:28	0:15	11:49
9	20:40	0:08	3:38	17	ELLA BRUECKNER	14	F	4/11	8:10	0:16	12:14



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OVERALL RESULTS - 13-15 AQUATHLON
(500M Swim / 2.5K Run) – Cont.

PL.	TIME	PL/DIF	TOT/DIF	#	NAME	AG	S	PL/TO	SWIM	TR1	RUN
10	22:15	1:35	5:13	27	DALANE PHILLIPS	14	M	6/14	8:01	0:38	13:36
11	22:31	0:16	5:29	93	JACOB JOHNSON	14	M	7/14	8:14	1:00	13:17
12	22:53	0:22	5:51	33	BRANTLEY RICHARDS	13	M	8/14	8:15	0:43	14:55
13	23:41	0:48	6:39	37	ALEXANDER MURRAY	15	M	9/14	6:22	0:31	16:48
14	23:47	0:06	6:45	34	LIAM ASTWOOD	13	M	10/14	8:11	0:40	14:56
15	23:48	0:01	6:46	32	CALLUM PRITCHARD	15	M	11/14	9:44	0:37	13:27
16	23:48	0:00	6:46	31	TRISTAN JOHNSON	15	M	12/14	7:57	0:30	15:21
17	23:51	0:03	6:49	23	RYA'LONDON SMITH	13	F	5/11	8:16	1:03	14:32
18	24:00	0:09	6:58	13	TAYLOR KNOWLES	15	F	6/11	8:36	0:15	15:09
19	24:14	0:14	7:12	14	BLUE GRAY	13	F	7/11	8:47	0:25	15:02
20	24:26	0:12	7:24	19	JAYDA MACKEY	14	F	8/11	8:35	0:21	15:30
21	25:11	0:45	8:09	30	CAMERON CARROLL	13	M	13/14	8:42	0:44	15:45
22	25:15	0:04	8:13	28	KRISHNA ROLLE	13	M	14/14	9:36	0:38	15:01
23	26:39	1:24	9:37	24	MEGHAN SMITH	14	F	9/11	9:57	0:50	15:52
24	31:01	4:22	13:59	20	PAITYN BURROWS	14	F	10/11	8:52	0:36	21:33
25	34:44	3:43	17:42	21	GABRIELLE MCKENZIE	14	F	11/11	10:27	1:18	22:59

OVERALL RESULTS - 11-12 AQUATHLON
(250M Swim / 1.5K Run)

PL.	TIME	PL/DIF	TOT/DIF	#	NAME	AG	S	PL/TO	SWIM	TR1	RUN
1	10:18			45	STAFFORD SWEETING	12	M	1/8	4:07	0:22	5:49
2	10:26	0:08	0:08	46	LYALL MENZIES	12	M	2/8	3:20	0:35	6:31
3	10:44	0:18	0:26	50	ASHER BASTIAN-SMITH	12	M	3/8	3:50	0:28	6:26
4	11:01	0:17	0:43	47	FRASER MENZIES	12	M	4/8	3:28	0:31	7:02
5	11:13	0:12	0:55	44	ANTHONY KNOWLES	12	M	5/8	4:23	0:07	6:43
6	11:21	0:08	1:03	42	SOPHIE BRUECKNER	12	F	1/2	4:19	0:16	6:47
7	11:21	0:00	1:03	51	ISAIAH FEASTE	12	M	6/8	4:14	0:18	6:51
8	11:34	0:13	1:16	43	HANNAH ASTWOOD	11	F	2/2	4:14	0:33	6:47
9	13:14	1:40	2:56	48	OWEN MCKENZIE	12	M	7/8	4:34	0:51	7:57
10	13:53	0:39	3:35	49	MARCARIO MCQUEEN	11	M	8/8	5:37	0:45	7:31

OVERALL RESULTS - 9-10 AQUATHLON
(100M Swim / 1K Run)

PL.	TIME	PL/DIF	TOT/DIF	#	NAME	AG	S	PL/TO	SWIM	TR1	RUN
1	5:30			55	CONNOR FERGUSON	9	M	1/3	1:39	0:26	3:25
2	5:34	0:04	0:04	56	CAIDEN BAIN	9	M	2/3	2:14	0:09	3:11
3	7:24	1:50	1:54	52	SYARA MOSS	10	F	1/2	2:04	0:17	5:03
4	7:25	0:01	1:55	54	GEBRIAEL MCPHEE	10	M	3/3	2:09	0:36	4:40
5	10:19	2:54	4:49	53	SKYLAR'JO JOSEPH	9	F	2/2	3:07	1:03	6:09



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OVERALL RESULTS - 8 & UNDER AQUATHLON
 (50M Swim / 1K Run)

PL.	TIME	PL/DIF	TOT/DIF	#	NAME	AG	S	PL/TO	SWIM	TR1	RUN
1	2:50			62	MASON SADOWSKI	8	M	1/4	0:49	0:21	1:40
2	3:48	0:58	0:58	60	K MADISON RICHARDS	8	F	1/5	1:01	0:19	2:28
3	4:05	0:17	1:15	58	JENNY SUTHERLAND	8	F	2/5	1:24	0:23	2:18
4	4:44	0:39	1:54	57	ANNA SUTHERLAND	6	F	3/5	1:40	0:28	2:36
5	5:15	0:31	2:25	61	SHARAN FEASTE	5	F	4/5	2:30	0:19	2:26
6	5:43	0:28	2:53	59	PHOENIX BURROWS	8	F	5/5	1:38	0:43	3:22
7	8:34	2:51	5:44	65	KENAI JOHNSON	6	M	2/4	2:45	1:11	4:38
8	8:38	0:04	5:48	63	ELISIO JULIEN	5	M	3/4	4:32	1:24	2:52
9	8:48	0:10	5:58	66	BRADLEY CARROLL	7	M	4/4	3:24	1:10	4:14