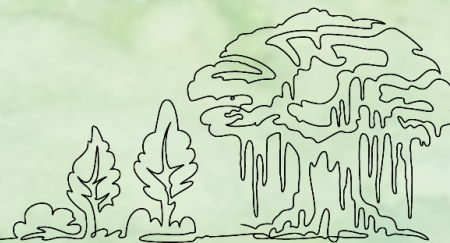


Forest School Camp (December)

FOREST FOLK x DULWICH COLLEGE (SINGAPORE)



October 2025



FOREST FOLK x DULWICH COLLEGE (SINGAPORE)

Forest School Camp (December)

Send your kids out into nature before Christmas to stretch their bodies and minds and decompress from school. They'll co-create their own programme as a group, choosing from a curated shortlist of outdoor skills covering tool and fire safety. They will be saturated in an environment of scientific learning, exploring plant biology, animal behaviour, and ecological connections in the outdoor classroom. When the children prove their ability to behave safely, we award Trust Buckets that let them choose activities that motivate and stretch them whilst building their sense of responsibility and independence.

Sarah Lewis is an applied scientist, certified **Level 3 Forest School Leader** and **Therapeutic Forest Approved Practitioner**. She has an **MA (cantab) in Geography** from the **University of Cambridge**. She is also a Forest School Leader trainer with FSLI.

Other relevant certificates available upon request:

- *iPGCE Candidate (TES Institute/ UEL)*
- *Agroforestry Certificate*
- *Ecology & Conservation Certificate*
- *Paediatric & Wilderness First Aid Certificates*
- *Basic Animal Management Certificate*





DULWICH COLLEGE (SINGAPORE) x FOREST FOLK

Forest School Camp

THE FOREST SCHOOL WHERE SCIENCE GROWS WILD

DCSG Forest School Site*

15-19 December 2025

Half & Full Day

Ages 6-9

Year 1-4

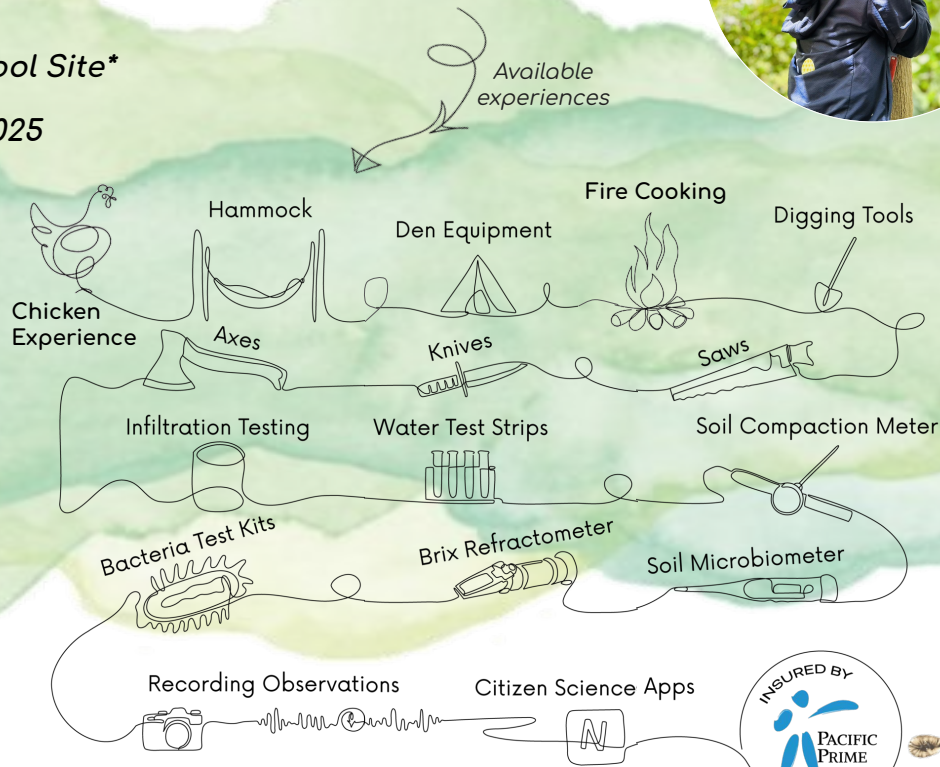
Grades K-3

500-750 SGD

DISCOVER MORE



forestfolk.sg



*max. 24 children





FOREST FOLK x DULWICH COLLEGE (SINGAPORE)

Forest School Camp - Sample*

DAY 1	DAY 2	DAY 3	DAY 4	DAY 5
<p>9.00am - 9.30am Welcome & Safety Briefing</p> <p>9.30am - 11.15am Free play time to explore site and baseline group for safety behaviour.</p> <p>11.15am - 11.30pm Kids discuss experience Award Trust Buckets</p>	<p>9.00am - 9.30am Torch Ginger Swords</p> <p>9.30am - 11.15am Kids use square lashing to make swords and we learn about stick zone of safety</p> <p>11.15am - 11.30pm Kids discuss experience Award Trust Buckets</p>	<p>9.00am - 9.30am Saws & Transplanting</p> <p>9.30am - 11.15am Use tool safety knowledge to saw tree cuttings. Plant cuttings and talk biology.</p> <p>11.15am - 11.30pm Kids discuss experience Award Trust Buckets</p>	<p>9.00am - 9.30am Knife Safety & Foraging</p> <p>9.30am - 11.15am Knife safety, one-on-one how to hold, whittle, tool zone. Forage food on site</p> <p>11.15am - 11.30pm Kids discuss experience Award Trust Buckets</p>	<p>9.00am - 9.30am Chicken Experience</p> <p>9.30am - 11.15am Talk about safety with birds, biology, and pet the chicken safely.</p> <p>11.15am - 11.30pm Kids discuss experience Award Trust Buckets</p>
Lunch	Lunch	Lunch	Lunch	Lunch
<p>12.30pm - 1.00pm Den Making</p> <p>1.00pm - 3.15pm Taught square lashing and den safety. Spray water on the dens.</p> <p>3.15pm - 3.30pm Kids discuss experience Award Trust Buckets</p> <p>3.30pm Pick Up</p>	<p>12.30pm - 1.00pm Axe & Microscope</p> <p>1.00pm - 3.15pm Apply zone of safety to tools and apply risk mgmt. Play with microscope.</p> <p>3.15pm - 3.30pm Kids discuss experience Award Trust Buckets</p> <p>3.30pm Pick Up</p>	<p>12.30pm - 1.00pm Fire & Hot Chocolate</p> <p>1.00pm - 3.15pm Discuss fire safety and steps to making it, make hot chocolate to sip.</p> <p>3.15pm - 3.30pm Kids discuss experience Award Trust Buckets</p> <p>3.30pm Pick Up</p>	<p>12.30pm - 1.00pm Mud & Water Play</p> <p>1.00pm - 3.15pm Sensory and role play involving mud. Water games that build maths.</p> <p>3.15pm - 3.30pm Kids discuss experience Award Trust Buckets</p> <p>3.30pm Pick Up</p>	<p>12.30pm - 1.00pm Fire & Cooking</p> <p>1.00pm - 3.15pm Light a brazier fire safely and cook hotdogs and marshmallows to enjoy.</p> <p>3.15pm - 3.30pm Plant a seed in a egg carton and take home.</p> <p>3.30pm Pick Up & Close</p>

**Actual programme may vary, the children will co-create it with the Forest School Leader as they earn trust*



FOREST FOLK x DULWICH COLLEGE (SINGAPORE)

Forest School Camp - Sample*



LUNCH MENU

Here is an example of our picnic lunch. It is important to us that children playing outside have a healthy meal that replenishes energy used up during that good clean fun.

- Beef, emmental, and caramelised onion sandwiches
- Pumpkin and caramelised onion sandwiches
- Cream cheese and olive tapenade bruschetta
- Mini feta and tomato quiches

- Cheesy scones
- Oranges
- Oat and chocolate bars
- Banana chips
- Cheese sticks
- Coconut water or apple juice

**Actual menu may vary according to dietary requirements and preferences of the children*