

Tattoo care instructions

Your new tattoo is a small work of art—and at the same time an open wound. Proper care is crucial to ensure that it heals optimally and remains beautiful for a long time.

Here you will find all the important information about aftercare:

Immediately after tattooing

- We protect your tattoo with a film (TattooMed Protection Film®).
- This film should remain on for **at least 12 hours**, up to a **maximum of 2–3 days** – depending on our individual recommendation for you.
- During this time, you should **not touch it, sweat, or expose the tattoo to dirt or sunlight**.

After removing the film

1. **Washing:** Wash your hands thoroughly, then gently clean the tattoo with lukewarm water and a mild, fragrance-free soap. Do not rub!
2. **Drying:** Gently dab the tattoo with a clean paper towel – do not rub.
3. **Care:** Apply a **thin layer** of the recommended tattoo care cream. Less is more – the skin needs to breathe!

In the first few weeks

- Wash and apply cream **2–3 times a day** until the skin has completely regenerated (approx. **2–4 weeks**).
- Do **not scratch or peel** the tattoo, even if it itches – this can damage the color.
- **Avoid direct sunlight, solariums, saunas, and swimming pools.**
- Wear **loose, clean clothing** that does not rub.
- Do **not exercise in the first few days** – sweating delays healing.

Long term

- UV protection remains important even after healing: protect your tattoo with **sunscreen (SPF 50)** to keep the colors fresh for a long time.

 **If you have any questions or concerns**, feel free to contact us at any time! We are happy to assist you even after your appointment.