

MICROBLADING MASTER CLASS @ LARA ROSE TRAINING ACADEMY

Microblading Masterclass at Lara Rose Training Academy

CPD Accredited | Full Kit Included

Now £1499

Ready to take your career in aesthetics and beauty to the next level?

Join our Microblading Two-Day Masterclass led by industry expert Lara Barrett at Lara Rose Training Academy. This CPD-accredited course is designed for aspiring and established professionals looking to master the art of microblading with confidence, precision, and professionalism.

Duration: 2 intensive training days

What's Included:

- Full professional kit included
- CPD Accredited certification
- Insurance and licensing guidance
- Lara's expert hints, tips, and insider know-how

Course Content:

- Introduction & history of microblading
- Legislation & regulations
- Salon hygiene, health & safety
- Aesthetic health & safety protocols
- Anatomy & physiology of the skin
- Mechanisms of facial ageing
- Skin analysis & skin types
- Theoretical knowledge of microblading techniques
- Consultation process & client assessment
- Contraindications & how to manage them
- Tools, consumables & equipment overview
- Step-by-step procedure protocol
- Essential after-care guidance



Whether you're starting out or adding a new skill to your treatment menu, this course offers a powerful blend of theory, practical application, and business-savvy support to get you confident and client-ready.

Contact us today to start your journey to success.

We can't wait to hear from you!

Lara x

MANICURE & GEL POLISH @ LARA ROSE TRAINING ACADEMY

Combined Manicure & Gel Polish Course

One-Day Training | No Experience Required | CPD Accredited

Now **£250**

Looking to start your career in beauty or add a new treatment to your skills?

Our Combined Manicure & Gel Polish Course at Lara Rose Training Academy is the perfect place to begin!

This CPD-accredited, beginner-friendly course is ideal for those with no prior experience who want to learn the essentials of both professional manicure techniques and gel polish application – all in just one day.

Course Duration:

1 full day of practical and theoretical learning

What's Included:

- ✓ CPD Accredited Certificate
- ✓ Step-by-step professional guidance
- ✓ No experience needed
- ✓ Expert tuition in a relaxed and supportive setting

Course Content:

- Introduction & history of manicure and gel polish treatments
- Relevant legislation & regulations
- Salon hygiene, health & safety
- Anatomy & physiology of the hands and nails
- Theoretical knowledge of nail care
- Client consultation & preparation
- Contraindications & when not to treat
- Tools, consumables & equipment overview
- Full manicure & gel polish procedure
- Essential after-care advice for long-lasting results



Led by industry expert Lara Barrett, founder of Bella Aesthetics & Beauty, this course gives you the knowledge, techniques, and confidence to offer professional nail services straight away.

Contact us today to start your journey to success.

We can't wait to hear from you!

Lara x

GEL POLISH TRAINING COURSE @ LARA ROSE TRAINING ACADEMY

Gel Polish Course

One-Day Training | No Experience Required | CPD Accredited

Now **£189**

Looking to start your career in beauty or add a new treatment to your skills?

Our Gel Polish Course at Lara Rose Training Academy is the perfect place to begin!

This CPD-accredited, beginner-friendly course is ideal for those with no prior experience who want to learn the essentials of both professional manicure techniques and gel polish application – all in just one day.

Course Duration:

1 full day of practical and theoretical learning

What's Included:

- ✓ CPD Accredited Certificate
- ✓ Step-by-step professional guidance
- ✓ No experience needed
- ✓ Expert tuition in a relaxed and supportive setting

Course Content:

- Introduction & history of manicure and polish treatments
- Relevant legislation & regulations
- Salon hygiene, health & safety
- Anatomy & physiology of the hands and nails
- Theoretical knowledge of nail care
- Client consultation & preparation
- Contraindications & when not to treat
- Tools, consumables & equipment overview
- Full gel polish procedure
- Essential after-care advice for long-lasting results



Led by industry expert Lara Barrett, founder of Bella Aesthetics & Beauty, this course gives you the knowledge, techniques, and confidence to offer professional nail services straight away.

Contact us today to start your journey to success.

We can't wait to hear from you!

Lara x

SEMI PERMANENT LASH COURSE @ LARA ROSE TRAINING ACADEMY

Semi-Permanent Lash Extensions Course

One-Day Training | CPD Accredited | Full Kit Included

Now £189

Ready to offer one of the most in-demand beauty treatments? Learn how to create stunning, long-lasting lash looks with our Semi-Permanent Lash Extensions Course at Lara Rose Training Academy.

This one-day CPD-accredited course includes a full professional kit and is designed to give you the skills and confidence to begin offering lash extension services straight away.

Course Duration:

1 full training day

What's Included:

- ✓ CPD Accredited Certificate
- ✓ Full professional lash kit included
- ✓ No previous experience required
- ✓ Taught by experienced trainer Lara Barrett

Course Content:

- Introduction & history of lash extensions
- Legislation & professional regulations
- Salon hygiene, health & safety practices
- Anatomy & physiology relevant to lashes and eyes
- In-depth theoretical knowledge
- Consultation process & client preparation
- Contraindications & how to identify them
- Equipment & consumables overview
- Step-by-step lash extension application protocol
- After-care guidance for long-lasting results



Whether you're starting out in beauty or adding to your treatment menu, this comprehensive course gives you all the tools and knowledge you need to create beautiful lashes with confidence.

Contact us today to start your journey to success.

We can't wait to hear from you!

Lara x

RUSSIAN VOLUME LASH COURSE @ LARA ROSE TRAINING ACADEMY

Russian Volume Semi-Permanent Lash Extensions Course

One-Day Training | CPD Accredited | Full Kit Included

Now £189

Ready to offer one of the most in-demand beauty treatments? Learn how to create stunning, long-lasting lashes with our Russian Volume Semi-Permanent Lash Extensions Course at Lara Rose Training Academy. This one-day CPD-accredited course includes a full professional kit and is designed to give you the skills and confidence to begin offering lash extension services straight away.

Course Duration:

1 full training day

What's Included:

- ✓ CPD Accredited Certificate
- ✓ Full professional lash kit included
- ✓ No previous experience required
- ✓ Taught by experienced trainer Lara Barrett

Course Content:

- Introduction & history of lash extensions
- Legislation & professional regulations
- Salon hygiene, health & safety practices
- Anatomy & physiology relevant to lashes and eyes
- In-depth theoretical knowledge
- Consultation process & client preparation
- Contraindications & how to identify them
- Equipment & consumables overview
- Step-by-step Russian lash extension application protocol
- After-care guidance for long-lasting results



Whether you're starting out in beauty or adding to your treatment menu, this comprehensive course gives you all the tools and knowledge you need to create beautiful lashes with confidence.

Contact us today to start your journey to success.

We can't wait to hear from you!

Lara x

THE ULTIMATE LASH COURSE @ LARA ROSE TRAINING ACADEMY

The Ultimate Lash Extensions Course

One-Day Training | CPD Accredited | Full Kit Included

Now £250

Ready to offer one of the most in-demand beauty treatments? Learn how to create stunning, long-lasting lashes with our Ultimate Lash Extensions Course at Lara Rose Training Academy.

This one-day CPD-accredited course includes a full professional kit and is designed to give you the skills and confidence to offer a complete lash extension services straight away. This course teaches, Classic, Hybrid and Russian volume application

Course Duration:

1 full training day

What's Included:

- ✓ CPD Accredited Certificate
- ✓ Full professional lash kit included
- ✓ No previous experience required
- ✓ Taught by experienced trainer Lara Barrett

Course Content:

- Introduction & history of lash extensions
- Legislation & professional regulations
- Salon hygiene, health & safety practices
- Anatomy & physiology relevant to lashes and eyes
- In-depth theoretical knowledge
- Consultation process & client preparation
- Contraindications & how to identify them
- Equipment & consumables overview
- Step-by-step lash extension application protocol
- After-care guidance for long-lasting results



Whether you're starting out in beauty or adding to your treatment menu, this comprehensive course gives you all the tools and knowledge you need to create beautiful lashes with confidence.

Contact us today to start your journey to success.

We cant wait to hear from you!

Lara x

BROW TINT & SHAPE COURSE @ LARA ROSE TRAINING ACADEMY

Brow Tint & Shape Course

One-Day Training | CPD Accredited | Packed with Expert Tips

Now £189

Define, enhance, and perfect the brows! Learn how to create beautifully shaped and tinted brows with our Brow Tint & Shape One-Day Course at Lara Rose Training Academy.

This CPD-accredited course is ideal for beginners or beauty professionals wanting to add this essential treatment to their skillset. The training is filled with practical tips and insider knowledge to help you deliver flawless, confidence-boosting results for every client.

Course Duration:

1 day of hands-on and theory-based training

What's Included:

- ✓ CPD Accredited Certificate
- ✓ Full professional guidance and technique breakdown
- ✓ Lara's expert hints, tips, and industry insights
- ✓ Ideal for beginners or as a refresher

Course Content:

- Introduction & history of brow treatments
- Legislation & industry regulations
- Salon hygiene, health & safety
- Anatomy & physiology of the skin and brows
- Theoretical knowledge of brow shaping and tinting
- Consultation process & client suitability
- Contraindications & precautions
- Consumables & equipment overview
- Tint & shape procedure step-by-step
- After-care advice for best results



Led by Lara Barrett, founder of Bella Aesthetics & Beauty, this course empowers you with the confidence and know-how to start offering professional brow services immediately.

Contact us today to start your journey to success.

We can't wait to hear from you!

Lara x

LASH LIFT & TINT COURSE @ LARA ROSE TRAINING ACADEMY

Lash Lift & Tint Course

One-Day Training | CPD Accredited | Full Kit Included

Now £189

Give your clients lifted, defined lashes with long-lasting results—no extensions needed!

Our Lash Lift & Tint Course at Lara Rose Training Academy is a must-have qualification for any aspiring lash technician or beauty therapist.

This CPD-accredited, one-day course comes with a full professional kit and covers everything you need to confidently deliver safe, effective lash lift and tint treatments from day one.

Course Duration:

1 full training day

What's Included:

- ✓ CPD Accredited Certificate
- ✓ Full professional lash lift & tint kit included
- ✓ Ideal for beginners or beauty professionals
- ✓ Lara's tried-and-tested hints and tips

Course Content:

- Introduction & history of lash lifting
- Legislation & professional regulations
- Salon hygiene, health & safety procedures
- Anatomy & physiology of lashes and eye area
- Theoretical knowledge of the lifting and tinting process
- Consultation process & client suitability
- Contraindications & safe practice
- Tools, consumables & equipment overview
- Step-by-step procedure protocol
- After-care advice for long-lasting results



Led by beauty educator and expert practitioner Lara Barrett, this course combines in-depth theory with hands-on practice—giving you everything you need to offer one of the most in-demand treatments in the industry.

Contact us today to start your journey to success.

We can't wait to hear from you!

Lara x

MICRONEEDLING COURSE @ LARA ROSE TRAINING ACADEMY

Microneedling Course

One-Day Training | CPD Accredited |

Now £250

Let your clients experience the power of microneedling with accumulative and long-lasting results. Our microneedling course at Lara Rose Training Academy is a must-have qualification for any beauty therapist wishing to expand their skill set and their business. This CPD-accredited, one-day course comes with a full professional kit and covers everything you need to confidently deliver safe, effective microneedling treatments from day one.

Course Duration:

1 full training day

What's Included:

- ✓ CPD Accredited Certificate
- ✓ Ideal for beginners or beauty professionals
- ✓ Lara's tried-and-tested hints and tips

Course Content:

- Introduction & history of microneedling
- Legislation & professional regulations
- Salon hygiene, health & safety procedures
- Anatomy & physiology of the skin, body and face.
- Theoretical knowledge of the microneedling process
- Consultation process & client suitability
- Contraindications & safe practice
- Tools, consumables & equipment overview
- Step-by-step procedure protocol
- After-care advice for long-lasting results
-



Led by beauty educator and expert practitioner Lara Barrett, this course combines in-depth theory with hands-on practice—giving you everything you need to offer one of the most in-demand treatments in the industry.

Contact us today to start your journey to success.

We can't wait to hear from you!

Lara x

BROW LAMINATION COURSE @ LARA ROSE TRAINING ACADEMY

Brow Lamination Course

One-Day Training | CPD Accredited | Full Kit Included

Now £250

Give your clients that must have brow lamination look with long-lasting results!

Our Brow Lamination Course at Lara Rose Training Academy is a must-have qualification for any one looking to build on their skill set and expand the services that they offer.

This CPD-accredited, one-day course comes with a full professional kit and covers everything you need to confidently deliver safe, effective brow lamination treatments from day one.

Course Duration:

1 full training day

What's Included:

- ✓ CPD Accredited Certificate
- ✓ Full professional brow lamination kit included
- ✓ Ideal for beginners or beauty professionals
- ✓ Lara's tried-and-tested hints and tips

Course Content:

- Introduction & history of brow lamination
- Legislation & professional regulations
- Salon hygiene, health & safety procedures
- Anatomy & physiology of the skin and the eye area
- Theoretical knowledge of the brow lamination process
- Consultation process & client suitability
- Contraindications & safe practice
- Tools, consumables & equipment overview
- Step-by-step procedure protocol
- After-care advice for long-lasting results



Led by beauty educator and expert practitioner Lara Barrett, this course combines in-depth theory with hands-on practice—giving you everything you need to offer one of the most in-demand treatments in the industry.

Contact us today to start your journey to success.

We can't wait to hear from you!

Lara x

DERMAPLANING COURSE @ LARA ROSE TRAINING ACADEMY

Dermaplaning Course

One-Day Training | CPD Accredited

Now £250

Give your clients beautifully smooth and hairless skin that they will love! Our Dermaplaning Course at Lara Rose Training Academy is a must-have qualification for any established or aspiring beauty therapist.

This CPD-accredited, one-day course comes with a full professional kit and covers everything you need to confidently deliver safe, effective dermaplaning treatments from day one.

Course Duration:

1 full training day

What's Included:

- ✓ CPD Accredited Certificate
- ✓ Full professional dermaplaning kit included
- ✓ Ideal for beginners or beauty professionals
- ✓ Lara's tried-and-tested hints and tips

Course Content:

- Introduction & history of dermaplaning
- Legislation & professional regulations
- Salon hygiene, health & safety procedures
- Anatomy & physiology of the skin and hair
- Theoretical knowledge of the dermaplaning process
- Consultation process & client suitability
- Contraindications & safe practice
- Tools, consumables & equipment overview
- Step-by-step procedure protocol
- After-care advice for best results.



Led by beauty educator and expert practitioner Lara Barrett, this course combines in-depth theory with hands-on practice—giving you everything you need to offer one of the most in-demand treatments in the industry.

Contact us today to start your journey to success.

We can't wait to hear from you!

Lara x

BB GLOW COURSE @ LARA ROSE TRAINING ACADEMY

Lash Lift & Tint Course

One-Day Training | CPD Accredited

Now £250

Give your client amazing beautiful glowing skin. Our BB Glow Course at Lara Rose Training Academy is a must-have qualification for any one wishing to expand their skill set and treatment list.

This CPD-accredited, one-day course everything you need to confidently deliver safe, effective IBB Glow treatments from day one.

Course Duration:

1 full training day

What's Included:

- ✓ CPD Accredited Certificate
- ✓ Ideal for beginners or beauty professionals
- ✓ Lara's tried-and-tested hints and tips

Course Content:

- Introduction & history of BB Glow
- Legislation & professional regulations
- Salon hygiene, health & safety procedures
- Anatomy & physiology of the skin
- Theoretical knowledge of the BB Glow treatment process
- Consultation process & client suitability
- Contraindications & safe practice
- Tools, consumables & equipment overview
- Step-by-step procedure protocol
- After-care advice for best results



Led by beauty educator and expert practitioner Lara Barrett, this course combines in-depth theory with hands-on practice—giving you everything you need to offer one of the most in-demand treatments in the industry.

Contact us today to start your journey to success.

We can't wait to hear from you!

Lara x

BIAB BUILDER GEL COURSE @ LARA ROSE TRAINING ACADEMY

BIAB Builder In A Bottle Gel Course

One-Day Training | CPD Accredited

Now £189

Give your clients beautifully crafted nails with our BIAB Course at Lara Rose Training Academy is a must-have qualification for any aspiring nail technician or beauty therapist.

This CPD-accredited, one-day course comes with all the knowledge you need to confidently deliver safe, effective BIAB Nail treatments from day one.

Course Duration:

1 full training day

What's Included:

- ✓ CPD Accredited Certificate
- ✓ Ideal for beginners or beauty professionals
- ✓ Lara's tried-and-tested hints and tips

Course Content:

- Introduction & history of manicure and builder in a bottle
- Legislation & professional regulations
- Salon hygiene, health & safety procedures
- Anatomy & physiology of the skin, nail, hair, arm and hands
- Theoretical knowledge of the BIAB Gel process
- Consultation process & client suitability
- Contraindications & safe practice
- Tools, consumables & equipment overview
- Step-by-step procedure protocol
- After-care advice for long-lasting results



Led by beauty educator and expert practitioner Lara Barrett, this course combines in-depth theory with hands-on practice—giving you everything you need to offer one of the most in-demand treatments in the industry.

Contact us today to start your journey to success.

We can't wait to hear from you!

Lara x