

LUCY ANN OAKLEY, BSDH, RDH

OROFACIAL MYOFUNCTIONAL THERAPIST
REGISTERED DENTAL HYGIENIST

PROFESSIONAL PROFILE

My professional background is rooted in dental hygiene, with 30 years of clinical experience in private practices throughout the United States and Switzerland. As a Registered Dental Hygienist, I have developed extensive experience in oral health, prevention, patient education, and the assessment of oral structures and function.

Driven by a growing interest in the relationship between nasal- breathing, oral function, facial development, and overall wellbeing, I pursued formal education in Orofacial Myofunctional Therapy. Today, I provide myofunctional therapy as a distinct area of practice while maintaining a collaborative approach with dental and healthcare professionals.

I am committed to lifelong learning, evidence-informed practice, and interdisciplinary care that supports healthy oral function across the lifespan.

PROFESSIONAL EXPERIENCE

2025–Present

Orofacial Myofunctional Therapist
Myotherapy Zurich, Zurich, Switzerland

2025–Present

Orofacial Myofunctional Therapist- Freelance
The Facial Surgery Team, Dr. Christine Jacobsen, Zurich, Switzerland

2011–Present

Dental Hygienist
Cleanteeth, Zurich, Switzerland

1996–Present

Registered Dental Hygienist
Clinical experience in private practices in Florida, New York, Los Angeles, Beverly Hills, California, Bern, Zurich, Switzerland

EDUCATION

2014

Swiss Red Cross (SRK) Recognition in Dental Hygiene HF

2013

Goethe-Zertifikat B2 – German Language Proficiency

2011

Bachelor of Science (B.S.) in Dental Hygiene, Summa Cum Laude
Oregon Institute of Technology, USA

2005

Certification in Local Anesthesia and Nitrous Oxide Administration for Dental Hygienists
Sacramento City College, USA

1996

Associate in Science (A.S.) in Dental Hygiene
Tallahassee Community College, USA

CORE EDUCATION IN OROFACIAL MYOFUNCTIONAL THERAPY

2024

Graduate, MyoMentor - Orofacial Myofunctional Therapy Program

Sarah Hornsby, RDH, COM

Melissa Mugno, RDH, BSDH, COM

CONTINUING PROFESSIONAL EDUCATION MYOFUNCTIONAL THERAPY

2026

International Tongue-Tie Conference
St. Gallen, Switzerland

Myofunctional Therapy and Orthodontics
Melissa Mugno, RDH, BSDH, COM

2025

MFT Symposium – Craniomandibuläre Dysfunktion

Jaw Rest 1

Silvia Seward Rafferty

MFT Kompakt: Der offene Mund in der MFT
Alexandra Schick

Stretch, Heal, Thrive: Pre- and Post-Operative Tongue-Tie Care in Infants and Children
Raymond Tseng, DDS, PhD
Dr. Sharon Smart, SLP, PhD

Behandlung orofazialer Dysfunktionen bei kognitiv beeinträchtigten Kindern, Jugendlichen
und Erwachsenen
Dr. h.c. Susanne Codoni

2024
MFT Symposium – Oral Functions in Focus

Einführung in das k-o-s-t-Konzept und das orofaziale System
Dr. h.c. Susanne Codoni

How Ehlers-Danlos Syndrome and Other Connective Tissue Disorders Complicate Dental
Treatment
Sara Mercier, RDH, BS, MAS

2023
Introduction to Orofacial Myofunctional Disorders
Sara Mercier, RDH, BS, MAS

Myofunctional Advanced Topics
Sara Mercier, RDH, BS, MAS

Das orofaziale System im interdisziplinären Kontext
Dr. h.c. Susanne Codoni

Gewohnheiten – eine therapeutische Herausforderung bei Kindern und Erwachsenen
Dr. h.c. Susanne Codoni

CODONIS LWZ Myofunktionelle Medizinprodukteschulung
Dr. h.c. Susanne Codoni

2020
TalkTools Training
Sara Rosenfeld-Johnson, MS, CCC-SLP

PROFESSIONAL LICENSURE

Florida Registered Dental Hygienist

California Registered Dental Hygienist

New York Registered Dental Hygienist