



Parent & Athlete Behavior and Conduct Policy

Effective Date: 10/23/2026

Location: 554 Russell Road, Hudson Oaks, TX 76087 and any location where Champion Technique programs, meets, or events take place.

At Champion Technique, we are committed to creating a safe, encouraging environment where athletes can grow, learn, and compete with confidence. This Behavior and Conduct Policy outlines the expectations for parents, guardians, athletes, and spectators at all Champion Technique activities.

1. Scope

This policy applies to:

- All Champion Technique practices, lessons, meets, dryland sessions, and events
- The swimming facility at **554 Russell Road, Hudson Oaks, TX 76087**
- Any other pool, training site, meet location, or venue where Champion Technique is present
- Any Champion Technique–related communication or interaction, including social media

2. Zero-Tolerance Standards

Champion Technique maintains a **strict zero-tolerance policy** for:

- Bullying, harassment, or intimidation (physical, verbal, or online)
- Discrimination or hateful language based on race, ethnicity, religion, gender, sexual orientation, disability, or any other protected characteristic
- Physical aggression or threats of violence
- Possession, use, or influence of illegal substances or alcohol at any Champion Technique activity
- Any behavior that compromises safety, dignity, or the integrity of the program

Violations may result in immediate removal from the facility and further disciplinary action, including suspension or permanent dismissal from the program.

3. Expectations for Athletes

Athletes are expected to:

- Treat coaches, staff, teammates, officials, and competitors with respect at all times
- Follow all safety instructions and facility rules
- Arrive on time, prepared with appropriate swim gear (suits, caps, goggles, etc.)
- Give their best effort in practice and competition
- Refrain from foul language, disrespect, or negative behavior
- Respect locker rooms, restrooms, and all shared spaces (no inappropriate behavior, destruction of property, or recording others in these areas)

Athletes represent Champion Technique and their community wherever they compete or practice. Behavior should reflect pride, sportsmanship, and integrity.

4. Expectations for Parents and Guardians

Parents/guardians play a crucial role in building a positive environment. We ask that you:

- Support coaches' decisions regarding training, lane assignments, meet entries, and event selection
- **Do not coach over the coach** from the sidelines, bleachers, or pool deck
- Communicate respectfully with staff; disagreements should be handled privately and professionally
- Avoid negative comments about other athletes, parents, coaches, or officials
- Never confront officials, opposing coaches, or athletes during or immediately after events
- Follow all facility rules, including designated viewing areas and no-deck policies if applicable

Champion Technique maintains a **strict no-tolerance policy on disruptive sideline behavior**. Yelling at officials, berating coaches, or creating hostility at events may result in removal from the facility and further action.

5. Social Media and Online Conduct

In today's connected world, online behavior impacts real-world relationships and safety. The following rules apply:

- Parents and athletes must **not post photos or videos of any athlete who is not their own child** without obtaining clear permission from that athlete's parent/guardian.
- Do not share private information (such as personal contact details, health information, or financial information) about other families, athletes, or staff.
- Do not post negative, hostile, or defamatory content about Champion Technique, its staff, athletes, or families.
- Locker rooms and restrooms are strictly **no recording zones**.
- Any team-related group chats or online communities should be used responsibly and respectfully.

Violations of these guidelines may result in disciplinary actions, including restricted participation, suspension, or dismissal from the program.

6. Safety and Facility Conduct

Safety is our top priority. All participants must:

- Follow posted pool rules and staff instructions
- Use equipment responsibly
- Maintain appropriate behavior in locker rooms and common areas
- Respect property belonging to the facility, Champion Technique, and other participants

Champion Technique is prohibited from swimming during thunderstorms or when lightning is detected within 25 miles, in accordance with our insurance requirements. Athletes and families must respect cancellations or delays made for safety reasons.

7. Attendance, Punctuality, and Readiness

- Athletes should arrive on time and ready to swim or train at the scheduled start time.
- Chronic lateness or absence without communication may affect lane assignments, meet entries, and continued participation.
- Parents are responsible for timely drop-off and pick-up, especially for younger athletes.

8. Reporting Concerns

We encourage open communication. If you witness or experience behavior that violates this policy:

- Notify a coach or staff member as soon as possible, or
- Email contactus@championtechnique.com with details of the concern.

Champion Technique will review each concern and respond appropriately.

9. Disciplinary Process

Champion Technique may use the following progression for behavior or conduct issues:

1. **Verbal Warning** – Coach or staff discusses the issue with the athlete and/or parent.
2. **Written Warning** – Formal documentation of the issue and expectations moving forward.
3. **Suspension** – Temporary removal from practices, meets, or lessons.
4. **Permanent Removal** – Dismissal from Learn-to-Swim and/or Swim Team programs.

The **Program Director** and/or **Head Swim Coach** have final authority over disciplinary decisions.

Due to our commitment to maintaining a safe and positive environment, **no refunds** are granted for removal due to conduct violations, except as noted in the Billing and Payment Policy for military-related relocation.

10. A Shared Commitment

By registering for Champion Technique programs, parents, guardians, and athletes acknowledge and agree to follow this Behavior and Conduct Policy.

Together, we can create an environment where every swimmer feels supported, respected, and empowered to reach their full potential.