

FALL 2019

October 10 - November 14

Adventures In Learning

Greenbrier Valley EAST

ABOUT SHEPHERD'S CENTER ADVENTURES IN LEARNING PROGRAM



Join us for our Adventures in Learning FALL 2019 sessions held Thursdays from October 10 to November 14! These exciting and educational classes are open to all ages! Be sure to sign up early, as some classes are limited in size and others fill fast!

- Registration fee for all classes is \$30.
- Deadline to register is **SEPTEMBER 13**.
- Lunch is just \$6 more per week.
- Transportation and scholarships are available upon request.
- All classes are held at the Lewisburg United Methodist Church at 1133 Washington St. E.

- 'Celebrating 20' - Thursday, October 3, 2019 at the WVSOM Alumni Center. **5:30-7:30**
- Come help us commemorate 20 years of serving the Greenbrier Valley. Tickets will be going on sale **August 15th** for **\$30/Individual & \$50/For Two Persons**. We are having a hearty buffet with specialties from local restaurants: **The Livery Tavern, The French Goat, The Greenbrier Sporting Club, Blackwell's Catering, Del Sol Cantina, The Asylum, The Local Cafe & Grocer, Bella the Corner Gourmet, Amy's Cakes & Cones, Corn + Flour, Taste of Heaven, The Humble Tomato, and B Sweet Confectionery.**
- We will be remembering the past 20 years! We are announcing our **Shepherd's Center Anniversary Fund** to remember or honor someone who has been touched by our ministry over the past 20 years! Call our office for details! 304-645-4196



Adventures in Learning Class Offerings
Donate, support, and volunteer
AIL Registration Form



Adventures In Learning

Class Period I

9-9:50AM

CURRENT EVENTS

Current Events

Come discuss issues today on local, state, national and world levels. Cleve continues to bring the people making things happen in Greenbrier County to speak to his class. Hear what they have to say and ask your questions! **Be informed!**

- Cleve Benedict, Moderator

SCGV BOOK GROUP

SCGV Book Group

Do you enjoy reading? Learning about new authors? Join us for Book Group weekly during Adventures In Learning, then join us on the 2nd Thursday of each month the rest of the year! Get to know everyone and join the group! Don't forget about our bookcase in the parlor: bring a book, take a book! **Start reading today!**

- Judy Long, Coordinator

TECH DOCTOR

Appointments



Have a particular question about your cell phone or tablet, or just want a quick lesson on linking your Bluetooth devices?

Make an appointment with the **Tech Doc!**

Submit requests in advance and you'll be set up to see the 'doctor' the following week between

9:00 - 10:00 AM

AND BEFORE CLASS...

- Join us for coffee, tea, juice, and snacks in the Library upstairs prior to classes!
- Get your name tag and visit with friends!
- Our office is just outside the Library, so if you have questions, needs, or concerns, please stop by!

FOLLOW US ON FACEBOOK!



Stay up to date on our goings-on by following us on Facebook! LIKE us and share posts you like with your friends, and encourage others to join the SCGV family too!

"Shepherd's Center is not an organization to 'hear' about, you have to experience it!"

Adventures In Learning

Class Period II

10-10:50AM

TAI CHI

Tai Chi

'Slow and steady wins the race' is an adage promoting a long, healthy, and happy life. Tai Chi brings balance and harmony to our lives. Join us to create a healthier YOU!

- Gus Saldana, Instructor

LAUGHTER IN THE BIBLE

Laughter in the Bible

Does God laugh? Really? Is there joy and humor and happiness in the Bible? The Psalms tell us that He who sits in the heavens laughs, and Job tells us that He will fill your mouth with laughter! So come laugh with us in the joy of the Lord, you will be glad you did! It will lift your spirit and put a spring in your step!

- Al Petrie, Coordinator

HISTORY

History - Wars

Wars are periods of dynamic change in the life of a country. In the life of our country, wars have marked episodes of the most explosive changes to American society, as well as our economy and our politics. This 6-week course will explore the changes we have experienced in the Revolutionary War, the Mexican war, the Civil War, the Spanish-American War, the Great War (World War I, and World War II). These wars mark our growth from the original 13 colonies to our emergence as a superpower on the world stage.

- Led by Brentz Thompson

PUZZLES & GAMES

Puzzles & Games

Do you like to laugh? Figure out puzzles? Learn new games? Join us for a variety of exciting possibilities! Bring your ideas!

- Led by Jane Spicer

"Shepherd's Center is my FAMILY, my CHURCH."

Adventures In Learning

Class Period III

11-11:50AM

Creative Writing

Creative Writing is a favorite for those interested in expressing their creative side through writing.

Everyone has a story; share yours with the class!

Bring a notebook and be ready to write!

Class limited to 15 people. Be sure to register EARLY!

- Willa Izzo, Moderator



CREATIVE
WRITING

Appalachian Lore

Learn about our culture! Hear stories, get insights from the Appalachian people, from those who came here from somewhere else, and more! Does our Appalachian roots affect our views or how we relate to things? Listen to guests tell their stories and relive their experiences. Enjoy some mountain music too!

- Led by John Wyatt



APPALACHIAN
LORE

Travel

'Travel' from the comfort of our Adventures in Learning classroom. See photos and hear about travels to some unique vacation destinations!

10/10 Belize and Butterflies - Sue Rosshirt

10/17 Athen's Cats - Sally Cooper

10/24 Return to Vietnam - Frank Tuckwiller

10/31 Eqtypt, Jordan, Israel - Margaret Hamrick

11/7 To Russia and Back - Kim O'Shea and Emily Thomas

11/14 Spain & Portugal - Ann McClung

- Led by Judy Long & Karen Fankhauser



TRAVEL

“

Just like college, but more fun!

”

Adventures In Learning

Class Period IV

1-3:00 PM

Mah Jongg

Interested in learning to play this ancient Chinese game? Mah Jongg is a game of strategy and skill – with a little luck thrown in as well! This group meets year-round and welcomes newcomers and those wanting to learn the game! Lots of fun!



MAH JONGG

- Hosted by 'The Mah Jongg Group'

Baskets, Baskets, Baskets...

Heart basket, wine basket or your choice of basket...

All materials will be provided. Bring to class your bucket, scissors, and a ruler. Class size is limited to 15 - so register early! Material fee for the class is \$20.



BASKETS

- Joan Montgomery, Instructor

Shepherd's Center of America

Coming together, sharing together, working together, succeeding together.

Our Shepherd's Center is part of something much larger than our Greenbrier County community--we belong to a national network of nearly 60 Shepherd's Centers that have a common mission to enrich the lives of older adults through volunteer service, lifelong learning and healthy living.

We value our connection to the national network--and we want you to be connected too! Whether you are one of the 100,000 of those who participate in Adventures in Learning, or the 13,000 who volunteer each year, you are part of a network of caring friends and neighbors who are making our communities better for all.

Working together, we bring added value to the national conversation on aging in America so that all older adults have the option to participate in Shepherd's Centers! Our Adventure in Learning registration fee increased by \$5.00 (this is the first increase in 20 years!). Part of this fee will go to support our joint mission! Thank you for your participation!

<https://www.shepherdcenters.org/>

SUPPORT & SPONSOR:

Would you consider sponsoring a session or two for someone else? What a great gift for a neighbor new to town or someone who hasn't attended classes before! Use the registration form to make your gift of education and adventure!

Shepherd's Center:

Celebrating 20 years of changing lives of older Greenbrier Valley residents and families!



**JUMP
IN &
HELP!**

WE NEED YOUR HELP!

Have some free time weekly or monthly? Want to give back? We need a few good volunteers! Join us in changing lives by delivering meals to home bound older adults, take seniors to medical or hair appointments, taking them grocery shopping, just making a quick phone call to check on them or helping with small repairs or technology assistance.

Make a difference today as an SCGV volunteer!

Contact us to sign up or for more information: 304-645-4196 or email us at greenbriershepherdscenter@gmail.com.

**DIVE
IN &
GIVE!**

DONATIONS CHANGE LIVES

Please consider making a gift to Shepherd's Center to grow our ministry to meet the rising needs of older adults in Greenbrier County. We are primarily funded by local grants, congregational support, and private donations. As a 501c3 nonprofit organization, your gift is tax deductible. With your help, we can make a difference in more lives of our older adults! Call our office to see how you can GIVE in different ways! 304-645-4196

Donations can sent to P.O. Box 54, Lewisburg, WV 24901 or made online at www.greenbriershepherdscenter.com. Thank you for your support!

WEEKLY NOON LUNCHES & PROGRAMS:

Each week from noon to 1PM, we'll break for lunch and provide a lunchtime program between classes. For 4 of the 6 class weeks, you can purchase a home-cooked lunch, as noted below, for just \$6.

10/10 Old Stone Presbyterian Women

10/17 The Seasons Place

10/24 LUMC Women

10/31 Rich & Judy Lohmeyer

11/7 Pot Luck

11/14 Library Luncheon

Mayor Bev White & City Manager Jacy Faulkner

Montwell Commons Updates/Information

G.R.O.U.P. - Ukulele Entertainment

What's Going on in Alderson? The Lohmeyers

Tuesdays at 10:00 led by Tim McNair

No Program

304-645-4196 :: greenbriershepherdscenter@gmail.com

www.greenbriershepherdscenter.com :: P.O. Box 54, Lewisburg, WV 24901

REGISTRATION

ADVENTURES IN LEARNING FALL 2019

First, please share your address, email, & phone

 NAME

FULL ADDRESS

PHONE

EMAIL ADDRESS

EMERGENCY CONTACT INFO

(OPTIONAL) CHURCH AFFILIATION

Now, TELL US YOUR CLASS CHOICES

 9-9:50AM

- Current Events
- Book Group

10-10:50AM

- Tai Chi
- Laughter in the Bible
- History - WARS
- Puzzles & Games

11-11:50AM

- Creative Writing
- Appalachian Lore
- Travel

1-3:00PM

- Mah Jongg
- Baskets

LAST, WE NEED
TO KNOW THIS 

DINE WITH US :

Lunch is provided at \$6/week. If you plan to eat with us, circle the weeks you would like to purchase lunch: (Pot Luck - no charge)

10/10 10/17 10/24 10/31 11/14

SPECIAL REQUESTS :

- Transportation assistance, please
- Scholarship information, please

FEES ENCLOSED:

- \$___ \$30 Registration Fee
- \$___ Lunch @ \$6/week
- \$___ Material Fee (Basket class) \$20
- \$___ Tax-deductible donation to support SCGV
- \$___ Sponsorship Donation

Total Enclosed: \$ _____

**Deadline
to register is
September
13th**

Please mail this page with your check payable to SCGV to:
Shepherd's Center of Greenbrier Valley, PO Box 54, Lewisburg, WV 24901

Please note that due to the busy schedules of some of our instructors, presenters, and churches, that there may be some changes throughout our 6-week session.

Thank you for understanding!!

Inside...

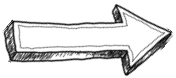
**Celebrating
20
Event**

**YOUR
ADVENTURES IN
LEARNING
FALL 2019
SCHEDULE!**



PLUS:

Ways to HELP!
Ways to GIVE!
Ways to CELEBRATE!



WE ARE EXCITED TO CELEBRATE 20 YEARS OF GIVING BACK!



Shepherd's Center of Greenbrier Valley
PO Box 54
Lewisburg, WV 24901

**YOUR ADVENTURES IN LEARNING
FALL 2019 SCHEDULE IS INSIDE!**

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