

# Adventures in Learning

## SPRING 2020

### ABOUT SHEPHERD'S CENTER ADVENTURES IN LEARNING PROGRAM

**Greenbrier Valley EAST**  
February 27 - April 2, 2020

Join us for our Adventures in Learning SPRING 2020 sessions held Thursdays from February 27th - April 2nd! These exciting and educational classes are open to all ages! Be sure to sign up early, as some classes are limited in size and others fill fast!

- Registration fee \$30
- Deadline to register is February 14
- Lunch is just \$6 per week
- Transportation and scholarships are available upon request
- All classes are held at the Lewisburg United Methodist Church at 1133 Washington St. E.

## UPCOMING EVENTS

**2020 Community Service  
Award Receptiens  
Rich & Judy Lohmeyer**

**KICKOFF**

March 8, 2020  
Greenbrier Valley Theatre  
3PM-5PM

**LUNCHEON**

April 21, 2020  
WVSOM Roland P Sharp  
Alumni Center  
12:00PM

**Meadow River Valley  
Adventures in Learning**

**Tuesdays**

March 31, 2020 -  
May 12, 2020

**Lunch & Learn**

**May 7, 2020**  
TBD

**May 21 - 22, 2020**  
*Adventure Travel*  
Barter Theater in Abington, VA  
**June 4, 2020**  
Perkins Organic Dairy Farm

WV NIP CREDITS AVAILABLE FOR DONATIONS OF \$500 OR MORE. PLEASE CALL OUR OFFICE FOR MORE INFORMATION.

Adventures in Learning Class Offerings  
Donate, support, and volunteer  
ALL Registration Form



# Adventures In Learning

## Class Period I

# 9-9:50AM

### CURRENT EVENTS

#### Current Events

Come discuss issues today on local, state, national and world levels. Cleve continues to bring the people making things happen in Greenbrier County to speak to his class. Hear what they have to say and ask your questions! **Be informed!**

-Cleve Benedict, Moderator

### SCGV BOOK GROUP

#### SCGV Book Group

Do you enjoy reading? Learning about new authors? Join us for Book Group weekly during Adventures In Learning, then join us on the 2nd Thursday of each month the rest of the year! Get to know everyone and join the group! Don't forget about our bookcase in the parlor: bring a book, take a book! **Start reading today!**

-Judy Long, Coordinator

### AND BEFORE CLASS...

- Join us for coffee, tea, and snacks in the Library upstairs prior to classes!
- Get your name tag and visit with friends!
- Our office is just outside the Library, so if you have questions, needs, or concerns, please stop by!

### FOLLOW US ON FACEBOOK!



Stay up to date on our goings-on by following us on Facebook! LIKE us and share posts you like with your friends, and encourage others to join the SCGV family too!

**"Shepherd's Center is not an organization to 'hear' about, you have to experience it!"**

# Adventures In Learning

## Class Period II

# 10-10:50AM

### TAI CHI

#### Tai Chi

'Slow and steady wins the race' is an adage promoting a long, healthy, and happy life. Tai Chi brings balance and harmony to our lives. Join us to create a healthier YOU!

- Gus Saldana, Instructor

### JESUS' LINEAGE

#### Jesus' Lineage

Ancestry! Lineage! DNA! It seems that's all we hear about, read about! In fact, there are many lineages listed in the Bible. We call them the "begats" as in Abraham begat Isaac, and Isaac begat Jacob, and Jacob begat the twelve patriarchs. Have you ever wondered what the lineage of Jesus is, where He came from, what his family tree looks like? How is lineage traced in the Jewish world, through the father, through the mother, through the father and the mother? We will answer all these questions as we discover the lineage of Jesus. You will be amazed at the interesting stories, and just maybe some not so saintly ancestors you will uncover in that family tree!

- Al Petrie, Coordinator

### GARDENING

#### Gardening with Brenda & Linda

**February 27th-** George Piasecki

Class "Tree and Lawn Care by George"

**March 5th-** Donna Myles

Class "Spring Gardening Projects"

**March 12th-** Willa Izzo

Class "Gardening with Annuals & Perennials"

**March 19th-** Sue Ducharme

Class "Coloring the Garden to Create Moods"

**March 26th-** Donna Myles

Class "Late Summer and Early Fall Gardening Ideas and Projects"

**April 2nd-** Margaret Schleiff & Missy Nothern

Class "Herbs: Grow Them, Use Them, Enjoy Them"

- Brenda & Linda Spencer, Coordinators

**"Shepherd's Center is my FAMILY, my CHURCH."**

# Adventures In Learning

Class Period III

11-11:50AM

## Creative Writing

Creative Writing is a favorite for those interested in expressing their creative side through writing.

Everyone has a story; share yours with the class!

Bring a notebook and be ready to write!

**Class limited to 15 people. Be sure to register EARLY!**

- Willa Izzo, Moderator

**CREATIVE  
WRITING**

## Appalachian Lore

Learn about our culture! Hear stories, get insights from the Appalachian people, from those who came here from somewhere else, and more! Does our Appalachian roots affect our views or how we relate to things? Listen to guests tell their stories and relive their experiences. Enjoy some mountain music too!

- Led by John Wyatt

**APPALACHIAN  
LORE**

## 1955 - 1960

Join us for the Baby Boom years 1955-1960. Reminisce about the news, sports, fashion, music and much more.

- Led by Carolyn Rudley & Karen Fankhauser

**BABY BOOMERS**

“  
Just like college, but more fun!  
”

# Adventures In Learning

## Class Period IV

# 1-3:00 PM

### **Mah Jongg**

Interested in learning to play this ancient Chinese game? Mah Jongg is a game of strategy and skill – with a little luck thrown in as well! This group meets year-round and welcomes newcomers and those wanting to learn the game! Lots of fun!

**MAH JONGG**

- Hosted by 'The Mah Jongg Group'

### **Taste the Joy of Cooking with Pastor Rich**

From First Course to Main Attraction-  
Soups that bring joy to the cook and diner!

**COOKING**

- Rich Lohmeyer Instructor

### **Beginners Bridge**

If you would like to learn the basics of bridge or refresh what you may have learned, I will be glad to work with you in the afternoons from 1:00-2:30. If you have a foursome that would like to play you are welcome to come.

**BEGINNERS  
BRIDGE**

- Carolyn Rudley, Instructor

### **SUPPORT & SPONSOR:**

Would you consider sponsoring a session or two for someone else? What a great gift for a neighbor new to town or someone who hasn't attended classes before! Use the registration form to make your gift of education and adventure!

# Shepherd's Center:

Changing lives of older Greenbrier Valley residents and families!

**JUMP  
IN &  
HELP!**

## WE NEED YOUR HELP!

Have some free time weekly or monthly? Want to give back? We need a few good volunteers! Join us in changing lives by delivering meals to home bound older adults, take seniors to medical or hair appointments, taking them grocery shopping, just making a quick phone call to check on them or helping with small repairs or technology assistance.

**Make a difference today as an SCGV volunteer!**

Contact us to sign up or for more information: 304-645-4196 or email us at [greenbriershepherdscenter@gmail.com](mailto:greenbriershepherdscenter@gmail.com).

**DIVE  
IN &  
GIVE!**

## DONATIONS CHANGE LIVES

Please consider making a gift to Shepherd's Center to grow our ministry to meet the rising needs of older adults in Greenbrier County. We are primarily funded by local grants, congregational support, and private donations. As a 501c3 nonprofit organization, your gift is tax deductible. With your help, we can make a difference in more lives of our older adults! Call our office to see how you can GIVE in different ways! 304-645-4196

Donations can be sent to P.O. Box 54, Lewisburg, WV 24901 or made online at [www.greenbriershepherdscenter.com](http://www.greenbriershepherdscenter.com). Thank you for your support!

WV NIP Tax Credits available for a donation of \$500 or more. Please Contact our office at (304)645-4196 for more information.

## WEEKLY NOON LUNCHES & PROGRAMS:

Each week from noon to 1PM, we'll break for lunch and provide a lunchtime program between classes. For 4 of the 6 class weeks, you can purchase a home-cooked lunch, as noted below, for just \$6.

### LUNCHES

- 2/27- Catholic Women
- 3/5- First Baptist Church of Fairlea
- 3/12- St. James Episcopal
- 3/19- Rhema Christian Center
- 3/26- LUMC Women
- 4/2- POT LUCK

### PROGRAMS

- 2/27- Bethlehem Farms
- 3/5- Larry Ickes - Taxes
- 3/12- United Way - Erin Hurst
- 3/19- Tuesdays at 10
- 3/26- G.R.O.U.P. - Ukulele Players
- 4/2- Readings from Creative Writing Class

304-645-4196 ::: [greenbriershepherdscenter@gmail.com](mailto:greenbriershepherdscenter@gmail.com)

[www.greenbriershepherdscenter.com](http://www.greenbriershepherdscenter.com) ::: P.O. Box 54, Lewisburg, WV 24901

# REGISTRATION

## ADVENTURES IN LEARNING SPRING 2020

First, please share your address, email, & phone

 **NAME**

-----  
**FULL ADDRESS**

-----  
**PHONE**

-----  
**EMAIL ADDRESS**

-----  
**EMERGENCY CONTACT NAME AND PHONE NUMBER**

-----  
**(OPTIONAL) CHURCH AFFILIATION**

### Now, TELL US YOUR CLASS CHOICES

 **9-9:50AM**

- Current Events
- Book Group

**10-10:50AM**

- Tai Chi
- Jesus' Lineage
- Gardening with Brenda & Linda

**11-11:50AM**

- Creative Writing
- Appalachian Lore
- Baby Boomers

**1-3:00PM**

- Mah Jongg
- Cooking
- Beginner Bridge

### LAST, WE NEED TO KNOW THIS

#### DINE WITH US :

Lunch is provided at \$6/week. If you plan to eat with us, circle the weeks you would like to purchase lunch: (Pot Luck - no charge)

2/27      3/5      3/12      3/19      3/26

#### SPECIAL REQUESTS :

(Please Check if you are in need of the following)

- Transportation assistance
- Scholarship information

#### FEES ENCLOSED:

- \$\_\_\_ \$30 Registration Fee
- \$\_\_\_ Lunch @ \$6/week
- \$\_\_\_ Tax-deductible donation to support SCGV
- \$\_\_\_ Sponsorship Donation

Total Enclosed: \$\_\_\_\_\_

  
**Deadline  
to register is  
February  
14th, 2020**

Please mail this page with your check payable to SCGV to:  
Shepherd's Center of Greenbrier Valley, PO Box 54, Lewisburg, WV 24901  
Please note that due to the busy schedules of some of our instructors, presenters,  
and churches, that there may be some changes throughout our 6-week session.

Thank you for understanding!!

# Inside...

**2020  
COMMUNITY  
SERVICE  
AWARD**

**UPCOMING  
LUNCH  
&  
LEARN**

**YOUR  
ADVENTURES IN  
LEARNING  
SPRING 2020  
SCHEDULE!**

**PLUS:**

Ways to HELP!  
Ways to GIVE!  
Ways to CELEBRATE!



**shepherd'scenter**  
OF GREENBRIER VALLEY

PO Box 54  
Lewisburg, WV 24901

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Lewisburg, WV

**YOUR ADVENTURES IN LEARNING  
SPRING 2020 SCHEDULE IS INSIDE!**