



Aspire

Indiana Health

WHOLE HEALTH FOR YOUR WHOLE FAMILY

Aspire Indiana Health is a nonprofit healthcare system serving Central Indiana and beyond. We have been serving Hoosiers from every walk of life for more than a half-century.

We provide comprehensive “whole health” care. This includes primary medical care, behavioral health, substance use treatment, as well as a host of community programs addressing the social determinants of health such as housing and employment.

So Aspire can be whatever you need us to be:

- *Family Doctor/Nurse*
- *Recovery Specialist*
- *Job Finder*
- *Child & Elder Abuse Advocate*
- *Crisis Hotline*
- *Pharmacist*
- *HIV/Hep C Testing & Support*
- *Therapist*
- *Recovery Residence*
- *Deaf Interpreter*
- *Group Home*
- *Housing Assistance*
- *Personal Health Trainer*
- *In-School Partner*

With our fully integrated “whole health” model, there is no wrong door to enter at Aspire.

Many people come to us with a specific physical or mental health problem only to find there are connected, underlying factors affecting their quality of life.

We're here to help!

CALL NOW (877) 574-1254

www.AspireIndiana.org



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Aspire Indiana Health is special because we're built on a foundation of service.

Historically we have primarily served the at-risk population — those with mental illness, who have trouble keeping a job or place to live, who are struggling with addiction or acute/chronic health conditions, who have experienced abuse or neglect.

But Aspire has expanded its model to include Hoosiers from every walk of life, newborns to seniors. We proudly accept Medicare, Medicaid and most forms of private insurance.

Fully-staffed health centers in:

Indianapolis

Anderson

Noblesville

Carmel

Lebanon

Elwood



Or you can schedule a medical or therapy appointment through Video in Person from anywhere on your computer or mobile device.



Aspires offers a full residential recovery continuum, including Progress House Recovery Residences in Indianapolis and Mockingbird Hill Recovery Center in Anderson. Mockingbird Hill, a residential treatment facility, will be opening in spring 2021. We also have teams that deliver behavioral healthcare in the home, schools, and community.

Don't wait to get the help you deserve!

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WHAT IS ASPIRE?