

Adventures In Learning

Greenbrier and Meadow River Valley

VIRTUAL 2021

ABOUT SHEPHERD'S CENTER'S VIRTUAL ADVENTURES IN LEARNING PROGRAM

This spring our classes will be offered via the ZOOM Platform of online meetings. We will have classes on Thursday's with one class per time slot. With one class an hour, you may be able to try out a class that you have not had the chance to try before. Every attempt has been made to offer a variety of classes. You may take as many classes as you like.

There will be no registration fee, but we do ask you to consider a donation to Shepherd's Center for this service.

Once you register online, by mail, by email, or by phone, you will be emailed a meeting ID number and password for each individual class. These will remain the same for the duration of the session. If you do not have email, we will call you with the information to log onto a meeting.

Be comfortable in joining our secure Zoom platform as the sessions are password protected.

You can log onto a ZOOM meeting via your computer, tablet, smart phone, or even call in on your landline phone.

We know some of you are hesitant to use the ZOOM platform, but we are here to help. During the first two weeks of March, Teresa or Sarah will hold practice sessions that you may participate in. They can also work one on one with you if necessary to make sure you can join in the fun.



Join us via
zoom

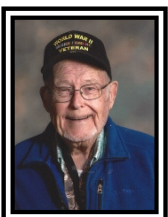
Every Thursday, March 18, 2021 - April 22, 2021

2021 Community Service Award

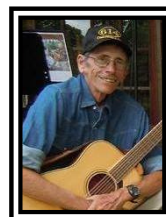


Shepherd's Center of Greenbrier Valley is pleased to announce the 2021 Community Service Award Recipients - Dave and Mary Lou Lumsden from Crawley, WV. They moved to Greenbrier County following a 27 year career in the Marine Corps. They loved the beauty of the area, but more than that, they loved the wonderful people who live here. They both felt the need to volunteer after completing their home. Both have been very active in the United Way, their church, the Greater Greenbrier Long Term Recovery Committee, and so much more. They represent the mission of the Shepherd's Center serving and taking care on those in need in our area.

In Memory



John E. "Jack" Ewart
January 23, 1928 - January 10, 2021



Thomas Hefner
October 27, 1946 - January 24, 2021

1:00 Wednesday

Creative Writing

Willa Izzo Instructor

CREATIVE WRITING

Do you enjoy writing? Do you have a story to tell? Express your creative side through writing. You will be given a topic prior to class the week before, then you share your story! This class has always been a favorite! Lots of fun, laughter, and leaves you with a good feeling each week!

This class is limited, so register **EARLY** !

LIMIT 15 participants!!

9:00 AM Thursday

Book Group

BOOK GROUP

Our own Judy Long facilitates Shepherd's Center's BOOK GROUP. Everyone brings their favorite book or books they are reading and shares with the group. Find a new 'favorite' book or author! Come join! The group has been 'meeting' via Zoom for the past couple of months! Very enjoyable!

10:00 THURSDAY

***Lenten Study /
Ted Talk***

Lenten Study / Ted Talk

March 18, 2021- Rev. Bev Columbo / Lewisburg United Methodist Church

March 25, 2021- Rev. Anna Pinckney Straight / Old Stone Presbyterian Church

April 1, 2021- Rev. Ron Miller / Clifton Presbyterian Church

April 8, 2021- Ted Talk - Poetry

April 15, 2021- SCA Video - Lives Well Lived

April 22, 2021- Ted Talk - Earth Day

11:15 THURSDAY

***Music / Appalachian
Crime Trail***

Music / Appalachian Crime Trail

by: Kiersten White

Local singer Kiersten White will bring you Lenten music, Musical Theatre & Standards from icons like Cole Porter, and hits from the 60's and 70's.

Co-Creator and producer of *The Appalachian Crime Trail* podcast, Kiersten White has been a true crime fanatic since catching glimpses of *Unsolved Mysteries* as a child. Join her as she retells some of her favorite tales from the podcast as well as new stories from around Appalachia

March 18, 2021- Music

March 25, 2021- Music

April 1, 2021- Music

April 8, 2021- Appalachian Crime Trail

April 15, 2021- Appalachian Crime Trail

April 22, 2021- Appalachian Crime Trail

1:00 THURSDAY

***Tai Chi
for Health***

Brenda Telisko
Instructor

TAI CHI for HEALTH

Studies show that Tai Chi helps to build a better immune system. Tai Chi plays an important part in dealing with this current crisis. We all need better immunity and inner strength to help relieve stress and to overcome the challenges we are facing. All ages are welcome to begin building a stronger body, develop a clearer mind and a more compassionate spirit. Come join Brenda!



Please share your name, address, email & phone number:

NAME: _____

ADDRESS: _____

PHONE #: _____

EMAIL ADDRESS: _____

CONGREGATIONAL AFFILIATION: _____

Do you have a device for connecting to Adventures in Learning?

COMPUTER TABLET SMART PHONE OTHER

Do you need help in connecting to Zoom?

Would you like training/practice?

**Please check the classes you wish to join for
Adventures in Learning!!**

Creative Writing - Wednesday @ 1:00 PM

Book Group - Thursday @9:00 am

Lenten Study / Ted Talk - Thursday @ 10:00 AM

Music / Appalachian Crime Trail - Thursday @ 11:00 AM

Tai Chi - Thursday @ 1:00 PM



Gwen's Meals Sponsor

Shepherd's Center of Greenbrier Valley
PO Box 54, Lewisburg, WV 24901

304-645-4196 | greenbriershepherdscenter@gmail.com

www.greenbriershepherdscenter.com

We want everyone to be comfortable in joining Zoom & our Virtual Adventures in Learning. Please contact our office if you have questions or issues in participating. We are learning as we move forward ourselves. We want as many to participate as possible - don't let the thought of getting online keep you from joining and having a great learning session!

**REGISTER
NOW!**



shepherd'scenter
OF GREENBRIER VALLEY

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Lewisburg, WV 24901

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**Your Virtual Adventures in Learning
SPRING 2021 schedule is inside!**