

Giving Hope

I Corinthians 10:13

“No temptation has overtaken you except such as is common to man; but God is faithful, who will not allow you to be tempted beyond what you are able, but with the temptation will also make the way of escape, that you may be able to bear it.”

This verse gives you **Four Promises** that combat the **Four Most Common Lies** that Satan tells us when we're struggling in a trial:

God's Promises

Satan's Lies

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| <p>1. Your trial is not unique – ‘common to man’</p> | <p>VS. No one else has ever gone through anything like this before!</p> |
| <p>2. Your God is faithful – ‘but God is faithful’</p> | <p>VS. God's not there for you; He's left you on your own for this one</p> |
| <p>3. It's not more than you can handle
<small>'...not leave you to be tempted beyond what you are able... that you may be able to endure'</small></p> | <p>VS. This is too much; no one can endure this</p> |
| <p>4. There is a way out of this
<small>'but will with the temptation provide the way Of escape'</small></p> | <p>VS. There's no way out; you're stuck</p> |

Getting Commitment

Three things I'm going to need from you, if we're going to work together:

- 1.** I need a **Learner Spirit** from you – I need you to give me permission to speak truth into your life, if I see any area that is not in line with biblical truth
- 2.** I need you to do some **Homework** every time – this is not the ‘Magic Hour’
- 3.** I need some **Time** – you didn't get in this situation overnight; we won't get out of it overnight. Typically I'll meet with someone between 12-14 weeks – sometimes a little more; sometimes a little less, depending on how hard they work.
- 4.** I need you to be **broken & desperate enough** to actually be willing to **change** instead of just going through the motions and talking about how hard it is

Can I expect these three things from each of you?