

# FAMILY DEVOTION!

## “Getting Rid Of ‘Stinking Thinking”



“God Can Change The Way You Think!”



“...let God transform you into a new person by changing the way you think...” – **Romans 12:2**

### Read:

Read the story of Joseph in Genesis 42:29-38 and discuss how God can change the way you think.

### Ask:

- How do you feel when you're around negative people? What do they take away from you?
- How do you feel when you're around positive people? What do they add to you?
- Why do you think some people are negative? What makes them negative?
- Do you think people are born with a negative attitude, or do they become negative as they grow up?
- How much are people's attitudes shaped by the people they hang around?
- On a scale of one to ten, with one being completely negative and ten being completely positive, how would you rate your normal attitude? Your attitude right now?

### Say:

It's true that some people are born with a personality that tends to be negative, but it's also true that no one has to stay negative. Your attitude is always your choice, and it's influenced by the way you think. So if you have a negative attitude, it means you're thinking negative thoughts. The best way to get rid of negative thoughts is to replace them with God's word. Read Philippians 4:8 to find out what God says you should be thinking about.

### Pray:

Pray together, asking God to help you keep your mind positive and in tune with Him. Thank him for his ability to change your attitude when it needs to be changed.

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