#### **Bremen Township Senior Services**

15350 S. Oak Park Avenue Oak Forest, IL 60452 708-687-8220 www.brementownship.net

Joan Trafficanta ~ Director M. Maggie Crotty ~ Supervisor John D. Lord ~ *Clerk* Willie A. Jones ~ Assessor John P. Flaherty ~ Highway Commissioner Laura Brown ~ *Trustee* Mary Catuara ~ Trustee Kathryn Straniero ~ *Trustee* John (Mike) Tatro ~ *Trustee* 

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# **BREMEN TOWNSHIP**







# BREMEN TOWNSHIP SENIOR NEWSLETTER **JANUARY - JUNE 2018 ISSUE**

#### FOUR WINDS CASINO

Back to Four Winds Casino in New Buffalo, MI. on Wednesday, June 13th, 2017. The cost of the trip is \$26.00, which includes motor coach transportation, \$10.00 Food Voucher and \$15.00 Instant Slot Credit.

The food voucher can be used at the following outlets:

- The Buffet
- Hard Rock Cafe
- Timbers Fast Food and Deli
- Grab N Go

There is no seating time for any of the food outlets. You may eat at your leisure. We will leave the Senior Center, 15350 Oak Park Ave. Oak Forest at 8:30 a.m. and return approximately 4:30 p.m. Money is due no later than May 31st. No refunds after this date.



#### **Great Food & Great Company!**

# Senior Newsletter

#### **CHICAGO FLOWER & GARDEN SHOW**

Spring is in the air! We are heading to the Chicago Flower & Garden show at Navy Pier to see the Magnificent Gardens, Educational Seminars and Daily Chef Demonstrations. There will also be vendors there with various items that may be of

interest to you. You may eat lunch on your own at the Food Court or at one of the many restaurants

We will leave the Senior Center on Wednesday, March 14 at 9:30 a.m. and return at approximately 3:00 p.m. The cost of this trip is \$30.00 which includes admission and coach transportation. Money is due no later than March 7. NO REFUNDS after this date.

# Bremen Township SENIOR LUNCHEON PROGRAM

# In Partnership with AgeOptions

Monday thru Friday at Noon

• The Senior Center, 15350 Oak Park Avenue

• Lunch is Open to Seniors Age 60 & Older

• Reservations are requested 1 week in advance. Call 708-687-8220

• Requested Donation: \$4.00

• Bremen Township Senior Transportation waives the fare for seniors 60 & over who need a ride to or from our Senior Lunch

• Look for the link to our monthly menus on the Bremen Township Website: www.brementownship.net

#### **RULES OF THE ROAD REVIEW COURSE**

This course is designed to give drivers (especially senior citizens and persons with disabilities) the knowledge and confidence needed to renew or obtain a driver's license. The review course combines an explanation of the driving exam with a practice written exam. It lasts approximately 2 hours. This course is free of charge. It will be held at the Senior Center: 15350 Oak Park Ave., Oak Forest on Tuesday, April 10th from 10:00 a.m. until 12:00 noon. Please call to sign up (708) 687-8220.

#### FOUR WINDS CASINO

Feeling Lucky!? Join us as we head to Four Winds Casino in New Buffalo, MI. on Wednesday, Feb. 21, 2018.

The cost of each trip is \$26.00, which includes motor coach transportation, \$10.00 Food Voucher and \$15.00 Instant Slot Credit. The food voucher can be used at the follow outlets:

- The Buffet
- Hard Rock Cafe
- Timbers Fast Food and Deli
- Grab N Go

There is no seating time for any of the food outlets. You may eat at your leisure. We will leave the Senior Center, 15350 Oak Park Ave., Oak Forest at 8:30 a.m. and return approximately at 4:30 p.m. Money is due no later than February 5th. No refunds after this date. \*\*Due to the late return, senior wheels will not be available.\*\*

# Bremen Township **SENIOR WHEELS**

#### Attention Seniors! Do you need a ride?

Let the Bremen Township Senior Wheels help you. We will take you to the doctor, grocery store, beauty shop or just to visit a friend. We stay within the boundaries for all nonmedical trips and outside the township for medical appointments only.

We are open Monday through Friday from 8:30 a.m. until 4:00 p.m. Our first ride is at 8:30 each morning



and the last pickup return is 3:00 p.m. The fare is \$2.00 each way. A 10-Ride Ticket is available for \$16.00 and can be purchased from our drivers. Leave the driving to us. Give us a call at 708-687-8220. Our staff will be happy to assist you.

# **BINGO!**

Come join us every Friday for Bingo at the Senior Center, 15350 Oak Park Ave, Oak Forest.

Enjoy pastries, coffee and friends. The cost is \$3.00. Doors open at 8:45 a.m. Bingo starts at 9:30 a.m. and ends approximately 12:00.



#### SHARE YOUR MEMORIES

Come and enjoy lunch and bring items of interest that you would like to share (on days marked on our monthly lunch menu.)

# CHALLENGE YOUR BRAIN

#### Presented by: Molly Hofer, Family Life Educator

Date: Mondays: March 19, 2018 April 16, 2018



Time: 10:30 a.m. - 12:00 p.m.

May 21st

Keep your brain active by exercising it, can be very beneficial especially as one grows older. Join the Wits Fitness group as we get together once a month to work on puzzles, word games and other activities to help keep our wits fit! Call to register: (708) 687-8220.

# **ADULT COLORING & COFFEE**

Join us on Tuesday, February 27th at 10:45 a.m. at the Senior Café, 15350 Oak Park Ave (rear building). Coloring can be therapeutic and relaxing. Come on out and color your worries away while we anticipate spring to arrive! We supply everything!

For more info and registration, call Sue or Joan at (708) 687-8220

#### **PAINTING PARTY**

Discover the inner artist inside you! You need no experience to join a group of your peers and have an enjoyable day. We

> will be painting a 16x20 canvas. All supplies will be included. We will enjoy lunch at 12:30.

- Wednesday, April 11, 2018 9:15 a.m. – 1:00 p.m.
- Bremen Township Senior Center, 15350 S. **Oak Park Ave, Oak Forest**

The cost is \$20.00 for residents. Non residents: \$30.00. Come in to sign up. Space is limited.

For more information call (708)687-8220 and ask for Joan or Sue. No refunds after April 4th, 2018.







### **HAPPY FEET! DR. JAY PARSONS IS COMING!**

Doctor Parsons comes on the 2nd Friday of the month during bingo session to trim nails, remove calluses, check for disease and a general foot examination. Just call to sign up and **bring your** Medicare card.





**SHIPSHEWANA** 

Join us on Wednesday, May 30th as we head to Shipshewana to enjoy delicious Amish food and shopping at the Flea Market. **Everyone will be free to** choose when and where they would like to have lunch or snacks. We found it to be more cost efficient for everyone to eat at a restaurant or deli of your choice.

We will leave the Senior Center: 15350 Oak Park Ave. at 8:30 a.m. and return approximately 6:00 p.m.

The cost of the trip is \$25.00, which is for motor coach transportation. Money is due no later than May 16th. No refunds after this date.

