

**Bremen Township Senior Services**

15350 S. Oak Park Avenue  
Oak Forest, IL 60452  
708-687-8220  
www.brementownship.net

Joan Trafficanta ~ *Director*  
M. Maggie Crotty ~ *Supervisor*  
John D. Lord ~ *Clerk*  
Willie A. Jones ~ *Assessor*  
John P. Flaherty ~ *Highway Commissioner*  
Laura Brown ~ *Trustee*  
Mary Catuara ~ *Trustee*  
Kathryn Straniero ~ *Trustee*  
John (Mike) Tatro ~ *Trustee*

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**BREMEN TOWNSHIP**

JANUARY - JUNE 2019 ISSUE

# Senior Newsletter



## BINGO!

Come join us **every Friday** for Bingo at the Senior Center, 15350 Oak Park Ave, Oak Forest.

Enjoy pastries, coffee and friends. The cost is \$3.00.



Doors open at 8:45 a.m. Bingo starts at 9:30 a.m. and ends approximately 12:00.

## BREMEN TOWNSHIP SENIOR NEWSLETTER JANUARY - JUNE 2019 ISSUE

### FOUR WINDS CASINO

Bring your lucky charms as we head to Four Winds Casino in New Buffalo, MI. on Wednesday, June 12, 2019.

The cost of the trip is \$26.00, which includes motor coach transportation, \$10.00 Food Voucher and \$15.00 Instant Slot Credit. The food voucher can be used at the follow outlets:

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- The Buffet
- Hard Rock Cafe
- Timbers Fast Food and Deli
- Grab N Go

There is no seating time for any of the food outlets. You may eat at your leisure. We will leave the Senior Center, 15350 Oak Park Ave. Oak Forest at 8:30 a.m. and return approximately at 4:30 p.m. Money is due no later than May 29th. No refunds after this date.



## Bremen Township SENIOR LUNCHEON PROGRAM In Partnership with AgeOptions

### Great Food & Great Company!

- Monday thru Friday at Noon
- The Senior Center, 15350 Oak Park Avenue
- Lunch is Open to Seniors Age 60 & Older
- Reservations are requested 1 week in advance.  
**Call 708-687-8220**
- Requested Donation: \$4.00
- Bremen Township Senior Transportation waives the fare for seniors 60 & over who need a ride to or from our Senior Lunch
- Look for the link to our monthly menus on the Bremen Township Website: **www.brementownship.net**



## RULES OF THE ROAD REVIEW COURSE

This course is designed to give drivers (especially senior citizens and persons with disabilities) the knowledge and confidence needed to renew or obtain a driver's license. The review course combines an explanation of the driving exam with a practice written exam. It lasts approximately 2 hours. This course is free of charge. It will be held at the Senior Center: 15350 Oak Park Ave., Oak Forest on Tuesday, April 9th from 10:00 a.m. until 12:00 noon. Please call to sign up (708) 687-8220.

## FOUR WINDS CASINO

Back to Four Winds Casino in New Buffalo, MI. on Wednesday, February 20, 2019. The cost of the trip is \$26.00, which includes motor coach transportation, \$10.00 Food Voucher and \$15.00 Instant Slot Credit.

The food voucher can be used at the follow outlets:

- The Buffet
- Hard Rock Cafe
- Timbers Fast Food and Deli
- Grab N Go

There is no seating time for any of the food outlets. You may eat at your leisure. We will leave the Senior Center, 15350 Oak Park Ave. Oak Forest at 8:30 a.m. and return approximately at 4:30 p.m.

Money is due no later than January 30th. No refunds after this date.

## Bremen Township SENIOR WHEELS

### Attention Seniors! Do you need a ride?

Let the Bremen Township Senior Wheels help you. We will take you to the doctor, grocery store, beauty shop or just to visit a friend. We stay within the boundaries for all non-medical trips and outside the township for medical appointments only.

We are open Monday through Friday from 8:30 a.m. until 4:00 p.m. Our first ride is at 8:30 each morning and the last pickup return is 3:00 p.m. The fare is \$2.00 each way. A 10-Ride Ticket is available for \$16.00 and can be purchased from our drivers. Leave the driving to us. Give us a call at 708-687-8220. Our staff will be happy to assist you.



## SHARE YOUR MEMORIES

Come and enjoy lunch and bring items of interest that you would like to share (on days marked on our monthly lunch menu.)

## ADULT COLORING & COFFEE

Join us on **Thursday, February 14th (Valentine's Day)** at 10:30 a.m. at the Senior Café, 15350 Oak Park Ave (rear building).

Coloring can be therapeutic and relaxing. Come out and color your worries away while we anticipate spring to arrive. We supply everything! We will also be providing a continental breakfast and fee goodie bags.

For more info and registration, call Sue or Joan at (708) 687-8220.



## BLOOD PRESSURE CHECK

Caring Hands Home Health Care will be here on the 2nd Friday of each month from 10:30 till 12:00 noon for a free blood pressure check.



## CHALLENGE YOUR BRAIN

*Presented by: Molly Hofer, Family Life Educator*

**Date: Mondays: March 18, April 15,  
May 20, June 17, 2019**

**Time: 10:30 a.m. - 12:00 p.m.**

Keep your brain active by exercising it, can be very beneficial especially as one grows older. Join the Wits Fitness group as we get together once a month to work on puzzles, word games and other activities to help keep our wits fit! Call to register: (708) 687-8220.



## MILLION DOLLAR QUARTET

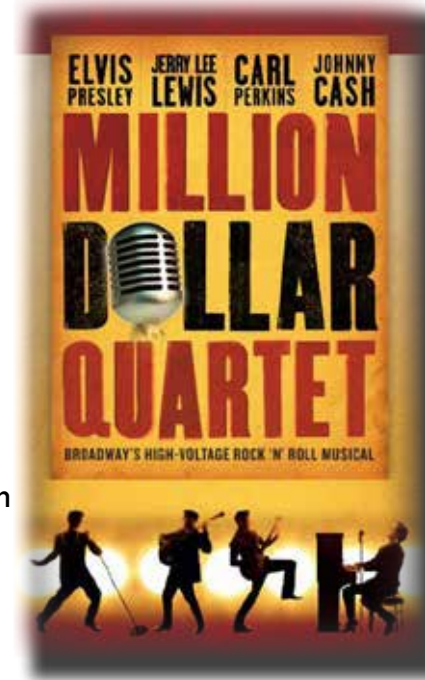
Join us as we head to the Theater at the Center in Munster IN, on Wednesday March 13th. On December 4, 1956, Elvis Presley, Johnny Cash, Jerry Lee Lewis and Carl Perkins gathered at Sun Records in Memphis for what became one of the greatest jam sessions ever.

This thrilling musical invites audiences into the recording studio for the true story of one unforgettable night. These four legends bring down the house with hits including "Blue Suede Shoes,"

"Great Balls of Fire" and "Walk the Line."

We will enjoy lunch that consists of Garden Vegetable Soup, Broiled Tilapia OR Herb Lemon Chicken Breast, Rice Pilaf, Peas w/ mushrooms and Red Velvet Cake.

We will leave the Senior Center at 10:30 a.m. and return about 4:30 p.m. The cost is \$65.00, due no later than February 14th. No refunds after this date.



## HOPPIN AT HENRY'S

Come and celebrate the 50's in style at The Jacob Henry Mansion in Joliet on Tuesday, May 21st

Your afternoon includes: Poodle Skirts , Bobbie Socks and a tour around the mansion.

We will enjoy lunch that consist of Fresh Garden Salad, Warm Rolls, Home-style Meatloaf, Homemade Mashed Potatoes Buttered Corn and Black Cows for Dessert.

We will leave the Senior Center at 11:00 and return at about 2:30. The cost is \$40.00, due no later than April 21st. No Refund after this date.

