

JULY 2022 Bremen Township Senior Cafe 15350 Oak Park Ave., Oak Forest (Rear Bldg “C”) ~ **708-687-8220**

Monday	Tuesday	Wednesday	Thursday	Friday
<p>LUNCH SERVED AT 12 NOON</p> <p>to Guests age 60+</p> <p>\$4.00 donation requested</p>	<p>Funded in Partnership w/ AgeOptions</p> <p>Visit our website: www.brementownship.org</p>	<p>Call for a Reservation 1 week in advance: (708) 687-8220</p> <p>1% Milk served with meals</p>	<p><i>Café Opens at 11:15am</i></p> <p><i>Closely fitting face masks must be worn when not seated</i></p>	<p>1</p>
<p>4</p> <p>4th of July No Lunch Today <i>Happy Independence Day!</i></p>	<p>5</p> <p>Beef French Dip with onions & Mushrooms French Roll, Oven Fries</p>	<p>6</p> <p>Lasagna w/Meat Sauce Italian Green Beans Chilled pears & more</p>	<p>7</p> <p>(Imitation) Crab Salad On Mixed Salad Greens! Dilled Cucumbers</p>	<p>8</p> <p>Bremen Café Phone: 708-925-9696</p> <p>9am-1pm on Lunch Days</p>
<p>11</p> <p>BBQ Riblet Mashed Sweet Potato Strawberry Yogurt</p>	<p>12</p> <p>Hamburger with Bun! Mixed Beans Fruit Sunburst Dessert</p>	<p>13 Light Summer Meal</p> <p>BLT Chicken Salad Salad Greens, Tomato wedges Crackers, Tri-Bean Salad Mandarin Oranges</p>	<p>14</p> <p><i>Beginning Next Week:</i> Lunches Served Monday-Thursday!</p>	<p>15</p> <p>To-Go Lunches available with Reservation made 5 days in advance</p>
<p>18</p> <p>Baked Meatloaf/Gravy Mashed Potatoes Stewed Tomatoes</p>	<p>19 <i>Breakfast at Noon!</i></p> <p>Eggs w/ Biscuit & Gravy Diced Hash Browns Apple Cobbler & more</p>	<p>20</p> <p>Roast Beef Au Gratin Potatoes Carrots, Roll, Fruit</p>	<p>21</p> <p>Glazed Chicken Thigh Brown Rice Cabbage Slaw & Jello</p>	<p>22</p> <p>Show & Tell on July 28</p>
<p>25 12:15 Medicare Fraud Speaker</p> <p>Prime Rib of PORK Baked Potato Dessert! <i>Reserve a Spot!</i></p>	<p>26</p> <p>Italian Sausage Scalloped Potatoes Brussels Sprouts</p>	<p>27</p> <p>BBQ Pulled Chicken Cheesy Mashed Potatoes Broccoli</p>	<p>28 <i>Show & Tell Today!</i></p> <p>Dilled Tuna Salad on Wheat Kaiser Roll Kidney Bean Salad & more</p>	<p>29</p> <p>See you next week!</p>

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