

September 2022 Bremen Twp. Senior Cafe 15350 S. Oak Park Ave., Oak Forest, Bldg C ~ **708-687-8220**

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Funded in Partnership w/ AgeOptions</p> <p>For guests age 60+</p>	<p>-Lunch Served at 12 Noon-</p> <p>Café opens 11:15 am</p> <p>\$4.00 donation requested</p>	<p>Reservations Requested</p> <p>one week in advance</p> <p>708-687-8220</p> <p>Visit our website:</p> <p>www.brementownship.org</p>	<p>1 Bingo is Back!</p> <p>Doors Open 9am-Bldg A</p> <p>Glazed Chicken patty</p> <p>Brown Rice, Oriental Veg.</p> <p>Ginger Cabbage Slaw</p> <p>Mandarin Orange Jello</p>	<p>2</p> <p><i>Face masks required</i></p> <p><i>Indoors until you are Seated</i></p> <p><i>Milk & Coffee included!</i></p>
<p>5</p> <p><i>Closed for Labor Day!</i></p>	<p>6</p> <p>Italian Sausage /Marinara Wheat Bun</p> <p>Brussels Sprouts</p> <p>Fresh Melon</p>	<p>7</p> <p>BBQ Pulled Chicken on Bun, Broccoli</p> <p>Cheesy Mashed Potatoes</p> <p>Chilled Pears</p>	<p>8 Bingo is Back!</p> <p>Doors Open 9am-Bldg A</p> <p>Tuna Salad w/Wheat</p> <p>Kaiser Roll</p> <p>Carrots, Bean Salad, Fruit</p>	<p>9</p> <p>Lunch is served at NOON</p> <p>Café Opens 11:15am</p>
<p>12</p> <p>Polish Kielbasa</p> <p>Baby Red Potatoes</p> <p>Rye Bread, Mixed Beans</p>	<p>13 Rules/Road Refresher Class! 10:00am Sr. Bldg A</p> <p>Call for a spot: 687-8220</p> <p>Chicken & Pasta Salad, Salad Greens+Tomato</p> <p>Multi-Grain Bread & more</p>	<p>14 Brunch for Lunch</p> <p>Souffle Lorraine (Eggs, Ham, Swiss Cheese)</p> <p>Potatoes O'Brien</p> <p>Blueberry Bread, Fruit</p>	<p>15 Bingo is Back!</p> <p>Doors Open 9am-Bldg A</p> <p>Baked Meatloaf/ Gravy</p> <p>Mashed Potatoes</p> <p>Carrots & Chives, fruit</p>	<p>16</p> <p>Social Distancing also required at tables</p> <p>per IL Dept on Aging Guidelines</p>
<p>19 Show & Tell!</p> <p>Meatball Sandwich on French Roll</p> <p>Potatoes, Green Beans</p>	<p>20</p> <p>Salisbury Steak</p> <p>Mashed Potatoes</p> <p>Cabbage</p> <p>Oatmeal raisin cookie</p>	<p>21</p> <p>Cold Turkey Breast w/Cheddar on Kaiser Roll, Pea Salad</p> <p>Pineapple Tidbits</p>	<p>22 Bingo is Back!</p> <p>Starts 9:30 am- Bldg A</p> <p>REVISED</p> <p>No Lunch Today</p>	<p>23</p> <p>Lunch is served at NOON</p> <p>Café Opens 11:15am</p>
<p>26</p> <p>Chicken (dark meat) w/ Rice Pilaf, Bean Salad</p> <p>Muffin</p>	<p>27</p> <p>Beef French Dip w/ French Roll, au jus</p> <p>Oven Fries & more</p>	<p>28</p> <p>Lasagna w/Meat Sauce</p> <p>Italian Green Beans, Bread</p> <p>Squash Medley, Pears</p>	<p>29</p> <p>“To Go” Lunches Available</p> <p>Please <u>Reserve</u> one week in advance at 708-687-8220</p>	<p>30</p> <p>See you next month!</p>

Bremen Twp does not discriminate in admission to programs or activities or treatment of employment in programs or activities in compliance with the Illinois Human Rights Act; the US Civil Rights; Section 504 of the Rehabilitation Act; the Age Discrimination in Employment Act; and the US and Illinois Constitutions. If you feel you have been discriminated against, you have a right to file a complaint. Funds (in whole/part) or this publication were provided through an award from AgeOptions through grants from the Illinois Department on Aging and/or Admin on Aging, US Department of Health and Human Services under Title III of the Older Americans Act