

ÖMONTAG

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|-------|---------------------|--------|--|
| 09:00 | INDOOR CYCLING | Eder | |
| 18:25 | FUNCTIONAL TRAINING | Patrik | |
| 19:25 | INDOOR CYCLING | Corsin | |

DIENSTAG

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|-------|---------------------|---------|--|
| 06:30 | FUNKTIONAL TRAINING | Eder | |
| 18:25 | INDOOR CYCLING | Raphael | |
| 19:30 | TAE BO / BBP | Marco | |

MITTWOCH

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|-------|----------------|--------|--|
| 16:30 | JUMPING KIDS | Saskia | |
| 17:30 | ATHLETIK KIDS | Diego | |
| 18:25 | ZUMFIT | Saskia | |
| 18:25 | INDOOR CYCLING | Eder | |
| 19:30 | JUMPING | Saskia | |

DONNERSTAG

| | | | |
|-------|--------------------------|--------|--|
| 06:30 | FUNKTIONAL TRAINING | Eder | |
| 09:00 | INDOOR CYCLING / BALANCE | Eder | |
| 18:25 | FUNKTIONAL TRAINING | Patrik | |

FREITAG

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|-------|----------------|---------|--|
| 12:15 | INDOOR CYCLING | Virtual | |
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SAMSTAG

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|-------|----------------|----------------|--|
| 09:00 | INDOOR CYCLING | Team / Virtual | |
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